

# VIKINGEN



## PRESIDENT'S GREETING



God dag lodge members and friends! I trust this message finds you well. We've been quite busy around the lodge, with March hosting several events that let us see some old friends and celebrate together. If you couldn't make it in to see us, we hope you can join us for a Spring event soon.

I hope I don't need to tell you to mark your calendars for Syttende Mai! This year we will see the return of a full parade through Ballard, and we will of course have a contingent from LEL out marching. Check your May edition of the Vikingen for full details of everything happening around the lodge and Ballard on the 17th.

One of my highlights of the last month was getting back together for LEL Movie Night! We watched a documentary on chess prodigy Magnus Carlsen and saw his rise from a shy youngster to the world's greatest chess champion. This month, we will view a historical drama about World War II era Norway, and one man (Jan Baalsrud) who escaped German Nazis and fled to neutral Sweden in 1943. Don't let the title fool you, it's not about the Seahawks! Join us for "The 12th Man" up in the Norna room and then head on down to happy hour with your friends. If you come in for 2nd Saturday Kaffestua, you can spend the whole day with us!

You may have noticed in your March copy of Viking Magazine, a guide to Nordic Sports. Along with a lot of the common Nordic athletic events, there was a section on handball, a sport I venture to guess many of you have never seen played. In the late 1800s Scandinavians developed an outdoor version of the game, and it was added to the Olympics in 1936. Today it is played in gymnasiums or on the beach, and there are some amazing videos online of Norskies dominating the action! Further on in the magazine, in the Member News section, our own Carol Smith was highlighted and congratulated on receiving her 45-year membership pin. What a neat milestone to honor. Gratulerer Carol! And thank you again to our Membership Secretary Ellen Beck who helps keep track of

everyone and everything happening in the lodge.

We have heard a lot about parking lately, and the struggle at times to find a safe spot to park when visiting the lodge. Unfortunately, that trend is likely to continue as new businesses and residential buildings are constructed in the coming years. We must chalk it up to the cost of having our lodge in such a popular neighborhood. I would encourage those of you who live in Ballard to walk over or carpool with a friend. There is plenty of room for bikes so maybe you can work on your sports medals at the same time!

As always, we are looking for volunteers to help plan and staff our upcoming events, so if it's been a while or you are looking for a first chance to work on a lodge event, please reach out to me. We can always find a project for you to help on.

I will leave you with a quote from our namesake Leif Erikson, "The pain that we cause is the cause of our pain". Be good to each other and take care of yourselves, stay happy and healthy and we will see you in the hall soon!

**-Seth Maristuen**  
**President, LEL President**

## LEL Membership Meeting Zoom Information

Please join us for our April 13, 2022 LEL Business meeting, to be held this month in person and also via Zoom. Use the information below to log in on Wednesday, April 13th at 6:30 for the program with LoriAnn Reinhall; meeting at 7:30pm.

<https://us04web.zoom.us/j/9155821189>

Meeting ID: 915 582 1189

Dial in by Phone: (253) 215-8782.

**TIPS FOR USING ZOOM:** Download the Zoom app and experiment with it ahead of time. Log in at least 10 minutes before the meeting to get used to Zoom settings. Please mute your microphone as otherwise we hear background noise like wind, dog barking. Adjust your device so you are visible to others

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**VIKINGEN**

Leif Erikson Lodge No. 2-001

Sons of Norway

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**Membership Meetings:**

2<sup>nd</sup> Wednesday beginning at 7:30 pm

Deadline for Vikingen is Saturday following

Membership meeting.

Vikingeneditor@gmail.com

The Vikingen has been published since 1945.  
Leif Erikson Lodge was founded on May 13, 1903

**APRIL MEMBERSHIP MEETING****HISTORY OF THE NORWEGIAN AMERICAN NEWSPAPER****WEDNESDAY, APRIL 13 MEMBERSHIP MEETING****5:30 SOCIAL, 6:00 DINNER, 6:30 PROGRAM**

Lori Ann Reinhall is the current editor-in-chief of The Norwegian American newspaper, North America's oldest and only Norwegian newspaper. Ms. Reinhall was born in Seattle and attended the University of Washington and UCLA, earning advanced degrees in Scandinavian and Germanic languages. After working as a translator and teacher of foreign languages, both in the United States and abroad, Lori Ann also worked in software localization and web publishing. She is active in the Nordic community as the President of the Seattle-Bergen Sister City Association, and she serves on several boards. In her free time, Lori Ann enjoys playing the piano and singing.

The Norwegian American newspaper, founded in 1889, is published 22 times a year and usually has 20-24 pages featuring news from Norway, business, sports, opinions, travel, art and entertainment, local news, food and many other interesting subjects. Under Lori Ann's guidance, the newspaper has steadily gained new subscribers. The lodge has a subscription and is available in the library. I also have a subscription and it is one of the most colorful newspapers that I know of. I especially enjoy the food section that offers some rather enticing recipes.

Along with the many interesting stories regarding the history of The Norwegian American newspaper, Christine Anderson and the Education Foundation Committee will introduce Scholarship winners. They have planned a traditional Norwegian spring menu. See separate article. **Please remember to reserve your dinner reservations no later than Monday, April 11. You can telephone the office, 206-783-1274, sign up online in the e-news or sign-up at the lodge.**

**-JoAnne Hardt Rudo**  
**Cultural Director**

## GREETINGS FROM THE KAFFESTUA



Kaffestua is open again! We opened the Kaffestua again in March on Fridays only, as well as 2nd Saturday Kaffestua. Our first day back was March 4th and we were busy! You all must have missed your friends and your coffee and waffles. We are glad to be back. We are adding Wednesdays back in April as well (see the schedule below). Please note that we will be closed on Friday, on April 15th in observance of Easter weekend.

As per City of Seattle guidelines, masks are no longer required and we do not need to check vaccination status. Yippee! You are certainly welcome to continue wearing a mask if that is more comfortable for you, but it will not be required. We understand that mask mandates may change and Kaffestua will follow City of Seattle guidelines if that happens.

Since the Kaffestua room is so small and we tend to really pack in, please know that we need to leave the Kaffestua room door open for air circulation. If you tend to get chilly, please bring a sweater. Even though Co-vid cases have dropped, it is still better to do what we can to alleviate the spread of germs in a small, confined room and air flow is a great way to do that.

Kaffestua will be open in April on Wednesdays & Fridays (except not open on Friday April 15th in observance of Easter weekend) from 10am-2pm (April 1, 6, 8, 13, 20, 22, 27, and 29th) Second Saturday Kaffestua will also be open on April 9th, 10am-2pm.

**-Hilsen og Tusen Takk,  
Laurie og Lisa**

## YOUTH ACTIVITIES

Happy St. Patrick's Day! The Youth Group will be participating in the Leif to Leif Fun Run/Walk as part of Heritage Day on March 26th from 9-3 p.m. We will be meeting at the entrance to the Leif Erikson Lodge @ 8:45 a.m. To save time you can sign up online or in person starting at 8:00am once you arrive at the lodge. We depart from the lodge at 9:00 a.m. The course runs from the Leif Erikson Lodge to the Leif Erikson statue at Shilshole Marina and back. This is a multigenerational event and we strongly encourage Parents and Grandparents to join us.

Take a Sneak Peek at our lineup of events for the next few months, Covid-19 permitting.

March 26, 2022      Heritage Day Leif to Leif 5K Run/Walk.  
April 24, 2022      Visit Chihuly Garden Exhibit



12:00p.m.-2:00p.m.

May 17, 2022

June 8, 2022

Syttende Mai Parade.

Kubb Game at the park.

Don't forget to visit the SON website for the latest edition of Viking for Kids. Check out the <https://www.sofn.com/wp-content/uploads/2021/08/Viking-for-kids-August-2021-print-version-Final.pdf>.

As always, if you have any questions please call or email us.

**Evelyn Elliott and Kari VanSanford**  
(206) 850-8212 [leryouthseattle@gmail.com](mailto:leryouthseattle@gmail.com);

[Elliottevelyn@yahoo.com](mailto:Elliottevelyn@yahoo.com)

**Tusen Takk,**

**Your Co-Youth Directors**

**-Evelyn and Kari**

## Leif Erikson Lodge Movie Matinee



JOIN US IN WATCHING

# The 12<sup>th</sup> Man

Saturday  
April 9<sup>th</sup>  
3 pm

Norna Room  
3rd Floor  
LEL



Feel free to  
bring a snack  
or drink to  
share and  
come enjoy  
the film!



## WE ARE BACK... FOR 2ND SATURDAY HAPPY HOUR

So many events are springing back to life at your Lodge. First meeting- dinner and program in many, many months. Film night and Kaffestua -all now getting back in shape. How could 2nd Saturday Happy Hour do any less? So yes, we will be joining up on April 9th at 5:00 pm for a traditional Happy Hour with fun food and comradeship. The price for the snack table and two drinks is still only \$5. We will have raffles, maybe even an auction, stories. There will be a Special raffle for those who bring snacks for the buffet table; 2 tickets for carbohydrate donations and 3 tickets for protein donations. Come join the fun and meet your fellow members. You might even bring a guest or two to show off your lodge. We will be meeting in Kaffestua from 5:00 until 8:00 PM.

**-Doug Warne**

## D2 SON CONVENTION IN PORTLAND

The D2 SON Convention will be held June 1-4, 2022 hosted by the Grieg Lodge in Portland, OR. Leif Erikson Lodge has 13 delegates but we are allowed 16 delegates. If a LEL member is interested in being a delegate contact President Maristuen. The delegates are Seth Maristuen, Gail Engler, Doug Warne, Joan Carson, An-Magrith Erlandsen, Christine Anderson, Bernice Chouery, Janice Quam, Beth Kolle, Sheila Bartanen, Ken Bartanen, Ellen Beck and Judy Cooper. Thank you all for representing Leif Erikson Lodge.

## D2 FOLK ART COMPETITION AT CONVENTION

Join your Sons of Norway fellow members in celebrating our Scandinavian crafts and culture by participating in the District 2 Folk Art Competition & Exhibition, during the District 2 convention in Portland, OR, June 1-5, 2022. There are several categories including rosemaling, hardanger, knitting, carving, genealogy, photography and more.

Sons of Norway members of any degree of skill can submit items, from the very beginner to polished professional. Entries maybe offered for judging or simply for exhibition, to share your love of the crafts with others. You can offer them for sale, as well.

Registration Overview:

All participants must be current Sons of Norway members. All items must have been completed within the last four years – this is a concession to COVID-19, as we did not have a convention in 2020 for those items completed between the 2018 convention and June 2020.

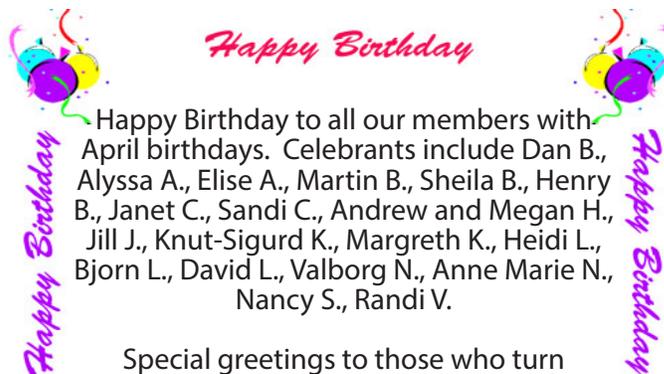
If you are not certain if your craft is appropriate for this competition, please talk to your lodge cultural director, or email [d2.cultural@gmail.com](mailto:d2.cultural@gmail.com) for clarification. Items must be brought to the Folk Art Competition & Exhibition, items mailed to the committee will not be accepted. You need not bring it yourself; you can delegate someone to bring it for you. That person will also be responsible for getting it back to you.

## DONATION THANK YOU'S

The following donation was recently received. We thank everyone for their donations to the Lodge and LEBA. With this help we are able to keep our Lodge going during these trying times. Kurt and Perdis Jacobsen donated in memory of Henry Cannon for the Memorial Board.

## THANK YOU'S

Thank you to Ed and Sandi Conry for their continuing hard work in keeping up the Lodge landscaping and looking beautiful!  
Thank you to Vera Stokes for the beautiful job of updating the Man and Woman of the Year display.



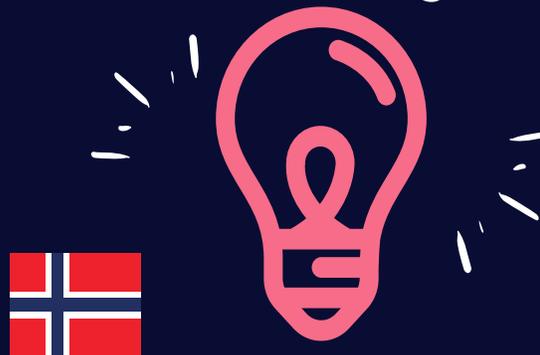
Special greetings to those who turn 90-something including Norma L., Valborg N., Hazel H., Leon K. and Alice C.

Our most senior member this month is Edna J., who turns 98. Gratulerer med dagen!

Our youngest members include Kyson C.-14; Frederick D.R.-15; Ari E.-11; Freya K.-14.



## Leif Erikson Lodge Trivia Night



WEDNESDAY APRIL 20TH 7PM

ZOOM MEETING

915 582 1189

SUGGESTED DONATION: \$10

**ARE YOU READY WITH YOUR  
NORDIC KNOWLEDGE?**

**PRIZES WILL BE AWARDED TO THE TOP SCORERS!  
GRAB A CHAIR, GRAB A DRINK, AND JOIN US!**



## IN MEMORIAM

**Mahlon O. Ness** passed away February 21, 2022, at age 86. Mahlon joined the Lodge in 1963 and was a Golden Member, receiving his 55-year pin in 2018. He used to have a band and played at weddings and such! He was a Charter Member and long-time stockholder at Norway Park. The memorial will go to the Leif Erikson Educational Foundation.

**Noel F. "Butch" Eide** passed away January 22, 2022, at age 77. He joined the Lodge in 1974 and became a Golden Member in 2009. He received his 45-year pin in 2019. He was a beloved dad, grandpa, brother, uncle, cousin and friend. Noel was born in Boone, Iowa and joined three sisters at home, forever to be the youngest and only boy in the family, but also the first of the siblings to pass. After graduating from Cut Bank High School in 1962, he attended MSU in Bozeman, Montana for three years and one quarter before running out of money and moving to Seattle and having a 44-year plus position as an engineer with the Boeing Aircraft. He earned his engineering degree on the job and was part of a team unraveling the riddle of the Boeing SST wing design. Upon coming back home to Montana, he settled in Big Timber. Butch was a talented musician, but modest, and preferred playing his guitar or his baritone uke or harmonizing in his beautiful deep base voice only at friends or family gatherings. He also sketched, painted, and even made a few sculpture pieces. The memorial will go to the Leif Erikson Educational Foundation.

**Vagn H. Jensen** passed away February 6, 2022, at age 95. He and his wife, Marian, joined the lodge in 1956 and donated many hours of volunteer work over the years. Vagn and Marian are both Life members of SON and recently received their 65 year pins. Trained in Denmark, Vagn was a skilled union carpenter for 71 years, and was known for his excellent work. He also shared his knowledge of fruit trees and tool-sharpening as a volunteer with the Seattle Tree Fruit Society at Magnuson Park. He is survived by Marian, his wife of 65 years, his son Poul, his brother Erik, and many nieces and nephews in Denmark. Donations in his memory will go to LEBA.

Former member **Greta Roseberg** passed away on January 20, 2022, at age 86. She transferred to Nordic Lodge 2-164 on Whidbey Island in 2018, but was a member of our Lodge for 50 years. She was born in Flakstad, Lofoten and attended Ballard High School, Pacific Lutheran, and the University of Washington. A celebration of her life will be held at University Presbyterian Church in Seattle March 29, 2022 at 1 p.m. Greta is survived by her daughter Trina and son Tim, grandchildren.

Former member **Olav Liland** passed away on February 8, 2021, at age 88. He transferred into the Lodge in 2002 and became a Golden Member in 2004. He received his 45-year pin in 2019. Olav was an only child who left Norway in 1954 to attend the University of Washington on scholarship, graduating with honors with a civil engineering degree. He stayed in Seattle and worked for Morrison-Knudsen Construction

("MK"). Olav married Kerstin on March 26, 1960 at the Glimåkra Church in Sweden. The following year their first child, Finn, was born. They lived in Alaska, but when Finn was two years old, they moved back to Sandnes, Norway. The Great Earthquake of 1964 brought them back to Alaska where Olav worked for MK and worked on the Trans-Alaska Pipeline and other projects for almost 40 years. He was much respected by his peers and fellow coworkers. Olav is survived by his wife Kerstin of 60 years, son Mark (Kim) and grandchildren Chase and Brooke, son Steve (Janica) and grandchildren Adam and Lucas. He was preceded in death by his oldest son Finn in 2016. Olav loved adventure such as travel, skiing and sport fishing and, thus, a celebration of life will be held for Olav later this summer in Alaska with the help of his sons. At the age of 19, he joined an older friend and biked with a "no gear bicycle" from Sandnes to Barcelona, Spain. They left September 2, 1952 and some 1,800 miles/2,900 km later they reached their destination. His return ride home was a solo ride, and he was back in Norway on October 5th. He was quite an athlete!

Former members **Obert and Marietta Ronnestad** passed away recently; Obert on November 23, 2021 and Marietta on January 31, 2022. Leiann Ronnestad tells us that they cherished the times spent with us and all the events and activities they shared with the Lodge. Leiann writes that our support and friendship were very important to them and to her. She has rented Trollhaugen to have a Scandinavian celebration of their lives. More information will follow from her. She says that Obert and Marietta were all about joy and happiness and she wants them to be remembered that way. They will be missed by their family and all their friends at the Lodge.

## LEL SCHOLARSHIPS ANNOUNCED

At our April 13 meeting the LEL Educational Foundation is announcing the scholarship recipients and the queen/king for 2022. As part of the program, there is also a fundraising dinner to help meet our goal of \$160,000 in our endowed fund. Our dinner is a spring time favorite!

Rommegrot, a creamy porridge or some people call it a pudding, served with clarified butter, cinnamon and sugar. It is also a favorite of nisse at Christmas time and wedding guests. It is often served to new mothers, too! I made it for my sister-in-law when she had her two boys! This traditional meal was my most favorite meal in Norway when I was traveling with my classmates around Norway while attending the International Summer School in Norway.

Along with the rommegrot will be served Fenalaar, a salted, dried cured leg of lamb sliced very thin, delicious crispy flat bread made by Shirley Haukeli, a specialty of hers—my dad loved it and she always made it special for him at Christmas; Beer and/or raspberry squash (raspberry juice with sparkling water), some veggies and desserts to round out the menu. Proceeds from the dinner go to the Leif Erikson Lodge 2-001, Sons of Norway, Educational Foundation. Dinner is \$20.00.

## NORNA LADIES

It's time !! We will be gathering for lunch on Tuesday, April 19, at 12 noon in the Norna Room. Lunch will be served; no "potluck" this time. Just bring yourself and be ready to share stories about how you survived our two-year hiatus.

It will be necessary to reserve your place so we can have enough food/drinks/treats. We will send an email, asking for an RSVP. For those who do not have computers, we will contact you by phone. Please expect invitations the week before, by April 13, which is the Lodge meeting date.

It will be absolutely wonderful to be together once again!!!! Stay safe and well.

**-Judy Gray & Diane Adams**  
**Co-Presidents**

## VELKOMMEN TIL NEW MEMBERS

Please welcome the following new members into our Lodge:

Norman Adland; Colleen Fukui-Sketchley; Blake Edward Hagen; Andrew Isaac Harvey and Lauren Rebecca Schmieder; Clifford L. Houser; Ellen Louise Matthewson and David W. Matthewson; Tiffany Ann Nelson and Carol Sterling; John Malcolm Newton and Teri Sue Newton; Harry Monroe Parent, III, Victoria Stalec, and Harrison Monroe Parent; Brandon K. Picket; Preciado Rogelio; Shauri Woempner and James Woempner.

**-Ellen Beck, Membership Coordinator/Financial Secretary**  
**ebeckster@gmail.com**

## NORWEGIAN GREETING

Hei Allesammen!

Ja, nå er det vår og april!!! Vi håper for flott vær! Jeg håper også at alle har det bare bra. Det var fantastisk at vi kunne møte i Losje i mars. Og vi håper at vi kan også gjøre det i april, mai og juni. Og nå er det annerledes nå at vi ikke behøver å ha på masker, men kan hvis vi vil. Ute uten mask er en ting, men inne?? Ja, vi får se hva andre gjør! Ta vare på deg selv, men også på familien din. Og vi håper vi ser dere på april på Leif Erikson Losje!!! Ha det!!

Hilsen fra Ellen Margrethe

Hi Everyone!

Yes, now it is spring and April!! We are hoping for wonderful weather! I also hope that everyone is well and happy. It was fantastic that we could meet in the Lodge in March. And we hope that we can also meet there in April, May and June. And it is different now that we are not required to use masks, but can if we want to. Outside without a mask is one thing, but inside?? Yes, we'll have to wait to see what everyone does! Take care of yourself, but also of your family. And we hope that we can see you at our April meeting at Leif Erikson Lodge.

**-Greetings from Ellen Margrethe**

## NORWAY PARK NEWS

Happy April! Spring time unfolds its natural wonder across Norway Park, life unfolds to more normal activity, as we move away from the COVID-19 pandemic, and manage an endemic phase of it. April also is the month for Easter, God Påske! to all of our members.

In March, we saw newcomers to the LERA Board, three new board members were elected. Those elected for two years were Arne Voie (Treasure) and Madeline DeLia. Doug Ross will fill out the final one-year term of Heidi Koren who resigned in January and also re-elected Doug President of LERA at the March meeting. An-Magrith Erlandsen is now a lodge representative for LERA for a full three year term.

The Caretaker's house has been renovated by Park volunteers while the search has gone on for a new caretaker. Soon there will be a new Caretaker announced.

LEL members who are not stockholders are invited to take part in park work parties. Besides a good lunch during the six hour activity, there is the camaraderie and feeling of accomplishment. In addition, since stockholders receive cash credit towards their annual assessments for each work party up to three, the Board has agreed to give Lodge members up to three work Party credits also. Credit will be for each work party completed, a one-night free camping form and for those without campers there will be five day passes to use for the summer. The next work party is set for spring, on the 2nd of April. To sign up, present yourself to the work party coordinator for the day at Bekkestua at 9:00 AM and receive your work assignment. There will be another work party in May. Opening Day of Fishing will be the 23rd of April. Watch for announcements if a Fishermen's breakfast will be a possibility.

**Norway Park Representatives: Erik Bjarne Witzøe, Doug Warne & An-Magrith Erlandsen**

## FROM YOUR FRIENDLY LIBRARIAN

Greetings from the Library! Library hours for April will be the 15th and 29th from 11:00-1:00pm. You can also contact me via email or phone. arianewm@gmail.com; Phone: 206 854-2930. I live very close to the lodge, so it is easy for me to open the library by appointment. I really do encourage people to either call or email me if they have donations or would like to check out a book. Vaccination and masks are required when coming to the lodge. I am hoping to find a way to make the catalog accessible electronically. In the meantime, feel free to contact me if you are looking for a specific book. The library has subscribed to the Norwegian American Weekly and we will make that available to Lodge members who do not have a subscription. It is currently in the Kaffestua. Tusen takk!

**-Ariane Westin-McCaw, LEL Librarian**  
**arianewm@gmail.com**

### REMINDERS

You can sign up to receive the Vikingen via email. If you prefer to receive a hard copy newsletter let us know at leiferiksonlodge@qwestoffice.net or call the LEL office and leave a message; 206-783-1274.

Not receiving the e-news? Sign up for e-news by emailing leiferiksonlodge@qwestoffice.net. This email comes out several times a month and provides an update to Lodge events and activities, as well as links to the Vikingen, renewing your membership and volunteering at the Lodge.

Deadline for submitting articles to the Vikingen is the Saturday following the membership meeting. Send articles to the Vikingen Editor at vikingeneditor@gmail.com.

### LEL COVID Policy

Leif Erikson Lodge policy on addressing COVID concerns is as follows:

In accordance with King County the mask mandate ended on March 12, 2022 in public indoor spaces. Wearing masks is optional but if you feel more comfortable wearing a mask you are welcome to do so. Please do not attend lodge events if you are feeling ill. It doesn't mean the pandemic is over. There may be future surges or new variants that will lead us to reassess the need for additional masking recommendations and other measures to protect our community. Certain people may still want to wear masks. For this reason, the use of high-quality, well-fitting masks still makes sense for certain people, particularly in crowded indoor settings with poor ventilation. It is reasonable to continue to wear a mask in indoor public spaces if you are immunocompromised or at increased risk for severe disease, unvaccinated, or are in contact with someone at high risk. Some people may choose to wear a mask out of consideration for people who may be at high risk in public settings, or if they want to further reduce their own risk for any reason.

Thank you for your cooperation.

**Seth Maristuen, President**  
**Leif Erikson Lodge**

### DO YOU HAVE A NEW PHONE NUMBER, EMAIL OR ADDRESS ?

If you have a new phone number or address let us know. Email Ellen at ebeckster@gmail.com. You can also go to the SON website-www.sofn.com-log in and update your Member profile.

Please remember to forward your mail if you will be gone for a longer time period.

If you have a new email, you can email the office at leiferiksonlodge@qwestoffice.net.

Thank you for keeping the Lodge in the loop!!

### LODGE OFFICE HOURS

The Lodge office will continue to be staffed on Wednesdays and Fridays from 10:00-3:00 pm. Fitness classes will also be held on Wednesdays and Fridays. Also, remember if the Seattle School District cancels school due to bad weather, then Leif Erikson Lodge will also be closed. Please see the Seattle Public Schools website for current closures. Please check the news before you come to the Lodge during bad weather.

### SPORTS NEWS

Getting outdoors, and especially into our wild places, is part of our Norwegian Heritage. By the time you get this newsletter it will be time to get out to our many trails and do some hiking. We are blessed with miles and miles of wonderful trails - from a stroll around a lake to climbing up to high ridges. These trails don't just maintain themselves - volunteer crews with Washington Trails Association are busy year round improving drainage, building bridges and removing downed trees. If you are interested in getting out on a trail crew, please contact me. The work ranges from "brushing" (using clippers to cut back encroaching foliage) to clearing drainage to keep puddles off of trails to moving boulders! There is something for everyone. Trail work is usually within 2 miles of the trailhead and most people need to carry at least one tool (like a shovel). It would be great to form a Leif Erikson Lodge team and sign up for a crew together. We can carpool to the trailhead and choose a trail that is gentle or climb up a steep trail. Crews are on weekend and week days. If you are interested please email me

**-Kathleen Lange; tatter59@me.com**

### Norwegian Ladies Chorus of Seattle



www.nlcofseattle.org  
**NEW SINGERS WELCOME**

Rehearsals: **Tuesdays 7:15 - 8:45pm**  
At Leif Erikson Lodge, 2nd Floor

Zoom meetings led by **Joseph To, Director**  
Contact: [norwegianladieschorus@gmail.com](mailto:norwegianladieschorus@gmail.com)

Renewing and preserving our Norwegian Heritage through song since 1936

### BROWN BEAR CAR WASH COUPONS

Please use this coupon to order car wash tickets and mail it to \_\_\_\_\_ office. Please indicate "CARWASH" on the envelope so it goes to the correct committee:

#### CARWASH COUPON REQUEST FORM

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
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Please notify Ellen Beck of any changes in Name, Address, or Phone Numbers.  
Please also let her know of a death of a family member [ebeckster@gmail.com](mailto:ebeckster@gmail.com).

## LEL CALENDAR - APRIL/MAY 2022

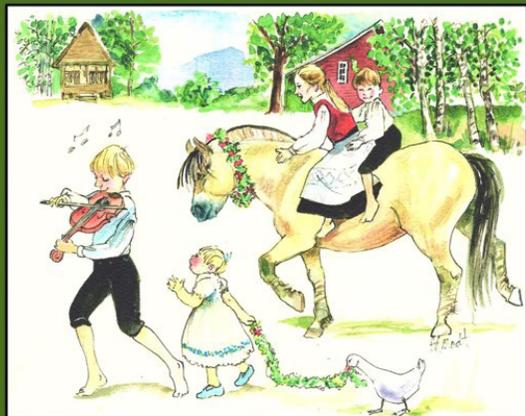
- Apr 6** - LEL Board Meeting; 7:00pm (Zoom)
- Apr 9** - Second Saturday Kaffestua (10:00-2:00pm)
- Apr 9** - Second Saturday Happy Hour in Kaffestua (5:00-8:00pm)
- Apr 9** - Movie night, 3:00pm in Norna
- Apr 9** - **Deadline for Vikingen**
- Apr 9** - Bothell SON Drive through pancakes (8:00am-12:00pm)
- Apr 13** - LEL Membership meeting, 7:30pm (In person and on Zoom)
- Apr 17** - Happy Easter/God Páske
- Apr 20** - LEL Trivia, 7:00pm (Zoom)
- Apr 24** - Norwegian Ladies Chorus Spring Concert, 4:00pm/Our Redeemers Church
- May 4** - LEL Board meeting, 7:00pm (Zoom)
- May 11** - LEL Membership meeting 7:30 (In person and Zoom)
- May 14** - Second Saturday Kaffestua (10:00-2:00)
- May 14** - Movie Night, 4:00pm in Norna
- May 14** - Bothell SON Drive through pancakes (8:00am-12:00pm)
- May 14** - **Deadline for Vikingen**
- May 17** - Syttende Mai
- May 18** - LEL Trivia, 7:00pm (Zoom)

**Ballard Health Club Silver Sneakers class on Wednesdays from 10:00-11:00. LEL Members may attend for free. \*\***  
Exercise class lead by Audrey in main hall, Wednesdays,  
11:15-12:00.\*\* 1st class free, \$5.00 after that.

\*\* Vaccination and masks are required.  
LEL Meetings via Zoom: <https://us04web.zoom.us/j/9155821189>  
Meeting ID: 915 582 1189  
Dial in by Phone: 1 (253) 215-8782.

Please check the LEL website, e-news and Facebook for updates to the Lodge calendar and activities. [www.leiferiksonlodge.org](http://www.leiferiksonlodge.org);  
Facebook - <https://www.facebook.com/groups/LeifEriksonLodge>

THE NORWEGIAN LADIES CHORUS OF SEATTLE  
INVITES YOU TO  
A SPRING CONCERT  
Featuring Favorite Children's Music  
&  
Traditional Scandinavian Dessert Reception



Sunday, April 24, 2022 at 4:00 p.m.  
Our Redeemer's Lutheran Church  
2400 NW 85th Street, Ballard  
Suggested Donation \$12 at the door

Picture courtesy of Sharon Aamodt of nordicfolklore.com