# ~VIKINGEN ~ (IIII)

#### **VICE PRESIDENT'S MESSAGE**

Summer has come and gone and now we are ready to jump into Fall. I know many of us would like to hit the "replay" button and have another three months of summer. The temperature should start cooling down anyway. The 117th Bazaar is coming up on October 28th and 29th. We need many volunteers to make it happen so please raise your hand and call the office or email myself, Seth Maristuen or Christine Anderson, the three Co-Chairs of this year's Bazaar. If you have never helped with the Bazaar, it is a lot of fun. Baking cookies, cakes, lefse, cashiering, making peasoup and open faced sandwiches, selling spot raffle tickets are some of the jobs available. How would you like to help? Help is also needed prior to the event with processing raffle tickets. Our friends at Scandinavian Specialties and Skål will provide two of the main raffle prizes. Check your mailbox for the raffle tickets. Tickets will also be available to buy at the Bazaar. Please see the Bazaar article elsewhere in this newsletter for other highlights.

We have lost a number of our members over the summer. They contributed so much to our Lodge through the years, with their talents, friendship and willingness to help others. They have taught us a lot about living life if we pay attention. We mourn their loss and will miss their company, their laughter and their uniqueness. Did you know that one of our members, Synnove Dragoy, created the beautiful stained glass window on the second floor of the hall? Or that Karin Gustafson made wonderful cookies for the Bazaar, danced with Leikarringen, played golf and was a Golden Member of LEL. Erling Skaar was a very jovial person and a member of the Norwegian Male Chorus. I had the honor and pleasure of knowing all three of these people and now they are gone. They are probably having fun wherever they are now because that's the kind of people they were.

The Sons of Norway community at Leif Erikson Lodge provides an opportunity for comradeship, socializing, learning about different cultures, learning new skills. We hope others will join us in our many activities and events to contribute and strengthen our community. We all have something to contribute. Please join us at our monthly meetings where JoAnne has offered very interesting cultural programs and Malin creates wonderfully delicious dinners; a bicycle adventure, or a cultural tour that Gwen is heading up this month.

Coming up in November we hold elections for LEL Board positions. There are several vacancies including President, Vice President, Cultural Director, Trustee and Foundation Director. Some of the Board members in these positions have been diligently performing their duties for many years and it's time to give them a break. Our nominating Committee will be looking for replacements. Interested members should contact me if you would like more information about the vacant positions.

We look forward to seeing you at our September business meeting and dinner. Don't forget to RSVP by Monday, September 11th.

## Gail Engler, Vice President Leif Erikson Lodge

#### MEMBER DINNER RSVP REMINDER

A reminder to make your reservations no later than September 11th, Monday at 5:00pm. Sign the list on the bulletin board, reserve online or call the Lodge: (206) 783-1274.

# INDIGENOUS LAND ACKNOWLEDGMENT

Leif Erikson Lodge acknowledges our lodge stands on the traditional land of the first people of Seattle, the Duwamish people past and present, and honors with gratitude the land itself and the Duwamish people.

#### **OFFICERS**

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englergail32@gmail.com

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**LERA** 

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**Gary DeLeon** 

#### **VIKINGEN**

Leif Erikson Lodge No. 2-001 Sons of Norway 2245 NW 57th Street, Seattle, WA 98107-3134

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Webpage: www.LeifEriksonLodge.org
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Membership Meetings:

2nd Wednesday beginning at 7:30 pm Deadline for Vikingen is Saturday following Membership meeting. Vikingeneditor@gmail.com

The Vikingen has been published since 1945. Leif Erikson Lodge was founded on May 13, 1903 MEMBERSHIP MEETING WEDNESDAY, SEPTEMBER 13 SOCIAL 5:30, DINNER 6:00, PROGRAM 6:45



Fred Poyner IV, Historian & Author

Mr. Poyner will talk about his two recently completed books about Norwegian shipbuilding and fishing on the Ballard waterfront. The first book, Pacific Fishermen, INC. 150 Years of Norwegian Heritage Shipbuilding offers a comprehensive view of Ballard's oldest continually working shipyard and its history. From the earliest steamboats to the founding of Pacific Fishermen's Cooperative in 1946 by 400 Norwegian fishermen and their families, the book shares the stories, trials and success of this shipyard as a vital part of Seattle's working waterfront.

One Family, Two Continents: The Story of the Swasands and Aleutian Spray Fisheries, Inc is a look at three generations of a Norwegian-American family and the fishing company that they formed.

Fred Poyner has over 30 years of experience in researching and writing about the art and history of the Pacific Northwest. He has won several awards for his research and publications. He will have books for sale at the dinner.

Of course, since the topic is about fishing, Malin will be serving a most intriguing dinner: Jarlsberg Cod with tomatoes and leeks, boiled potatoes, vegetables, salad with fresh herbs and berries, bread and butter chips. A surprise dessert will be served.

Please RSVP before Monday, September 11 either online, bulletin board or call the lodge—206 783-1274. You won't want to miss this evening and there will be a couple of ever so nice surprises along with the surprise dessert!

JoAnne Hardt Rudo, Cultural Director

## SECOND SATURDAY AT THE LODGE

Please join us at the Lodge for Second Saturday events! Bring a guest!

**September Movie -** 3:00pm - 4:30pm - "Food and Romance", a Swedish Romance. Seth says it's "cute". In the Norna Theater. Snacks provided.

Happy Hour in Kaffestua - 5:00pm - 8:00pm - In keeping with the opening of fall activities, Happy Hours of the season are the second Saturdays of September, October and November. Second Saturday of September is coming up very soon on the ninth. Cost is \$5 for a lite supper and two drinks. Bring a finger food to share for the table receive a raffle ticket or two. We also sell raffle tickets for \$1. We spend time eating, of course, but mostly we get acquainted with other lodge members and make new friends. Special Raffle if you contribute finer food to share! Wine, beer, soda, spirits! Hope to see you. Bring a friend or two to mix it up a little. It's a fun evening!

#### **VELKOMMEN TIL NEW MEMBERS**

Please welcome the following new members to the Lodge: Randi Brigham, Susan Mari Brook, Maia Eide, Robert Charles Ewen, Jennifer Holland, Joshua Holland, April Aren Holland, Elaine Packard, Edward J. Shulda, and Shirley S. Calusha-Shulda.

**Reinstated Members:** James Milton Bergstrom and Karen Ione Bergstrom.

**Transfers:** Alissa Holt, James Holt, Christian Marcus and Karl Johan Erik Uri.

Please get to know your fellow Lodge members by joining us in the many lodge activities during the year and perhaps volunteering at an event. Contact Ellen Beck, Seth Maristuen (sethmaristuen@gmail.com) or Gail Engler (englergail32@gmail.com).

Current members, please renew your membership and pay dues as soon as you receive your notice from SON. Norway Park residents must always maintain current LEL membership as a condition of their residing at Norway Park.

Ellen Beck, Membership Coordinator/Financial Secretary, ebeckster@gmail.com

#### LEIF ERIKSON BAZAAR

Join us on October 28 and 29 for our fantastic Bazaar and at our baking parties and more! We have lots of prep work to make our bazaar successful! It is our biggest event of the year and our biggest fundraiser! We need ideas to attract more people from the local community. There are some changes in our offerings this year! Please contact the office or email: Leiferiksonlodge@qwestoffice.net to volunteer. There are many opportunities for volunteers including kitchen, baking, parking lot staffing, cashiering, spot raffles, Ditt og Datt. Help is also needed prior to the Bazaar to process raffle tickets which will be mailed out by September 1st.

There are three Co-Chairs this year. Gail Engler, Seth Maristuen and Christine Anderson. New people are needed to help out either volunteering or being in charge of an area. We are also looking for donations to our online auction. We already have a weekend getaway at the beach, a weekend getaway at the mountain and some special vintage items. Looking for a boat trip around the sound, dinners, and other special events such as tickets for football games, basketball games, Kraken tickets, etc.! We also are in need of books and silent auction items which can be brought to the office on Wednesdays and Fridays from 10AM-2PM. Just call the office or email us. Many hands make light work! Thank you for helping!

Happy Birthday

Happy Birthday to all our members with July, August and September birthdays.

Celebrants include Warren A., Claire S., Leif A., Philip A., Eva A., Jessica A., Geoffrey B., Theresa B., Bernie B., Gunnar B., Kirja B., Laura C., Madeline D., Lee E., An-Magrith E.

Special greetings to those who turn 90-something including Randi A., Byron D., Leif E., Olaf E., Reidar G., Richard M., Petter M., Aster R., Sonja S., Marcia P., Svea K., Genevieve B., and Felix V.

Our youngest members include Heather D., Ella B., Sasha H., Ezra K., Gunnar L., Astrid S., McKenna A., Bodie D., Kaila D., Anika D., Aviana H., Christian M., Tristan A., and Mylo M.

Our most senior member for July is Leif E., August is Petter M., September is Reidar G.

Gratulerer med dagen!

#### **CULTURAL FIELD TRIP IN SEPTEMBER**

Our Lodge will be offering trips to fun and interesting places once again, and hope you will join us on Saturday, September 16th for an Octoberfest gathering and craft brewery tour. Our host will be Jon Newton, a new member of Leif Erikson Lodge. Some of us met Jon at Happy Hour, where he made us even happier with the delicious beer he makes at his 4 Barking Dogs Brewery in Rurien

We will meet at the Lodge parking lot at 11:00 a.m. and carpool to Jon's brewery. This is a free event and he will provide beer and barbecue. Guests (that is us!) will bring a side dish, dessert or home made aquavit, cider, mead or wine. Last year, Jon hosted 300 people for his event! He encourages us to wear Norwegian costumes, if possible.

Let's go and have fun together! Please RSVP no later than September 13 to Gwen. If you want to join us, email Gwen Weinert at mweinert@msn.com.



#### **YOUTH ACTIVITIES**

Velkommen back! What a fabulous Summer it has been. The Youth Group joined forces with the Sports Director Kathleen Lange to sponsor a beautiful 25-mile bike ride from the Snoqualmie Tunnel down to Cedar River Watershed Education Center. I would like to thank Mr. Tim Winter for being our guide down the mountain and organizing the pickup spot. We got to see the mountains, waterfalls and a river. We love being outdoors and doing multi-generational events.

Kari and I are still working on this seasons Youth Activities Calendar. You can take a sneak peek at the next few months.

**September 13, 2023** Norwegian sandwich making class. From 5:30-7:30 p.m.

**October 11, 2023** Pumpkin carving & Pizza From 5:30-7:30 p.m.

**November 5, 2023** National Nordic Museum From 10:30-12:00 p.m.

If you have any questions or suggestions for fun events this year, please reach out to us.

Tusen Takk,

Youth Directors,

Evelyn Elliott (206) 850-8212

Kari VanSanford <u>Lelyouthseattle@gmail.com</u>

#### **NORNA LADIES**

We hope you all had an enjoyable summer break and are ready to be involved in Lodge and Norna activities once again.

All ladies who are members of the Leif Erikson Lodge can automatically become members of the Norna Ladies. We typically meet on the third Tuesday of the month (September through June) – usually at the Lodge in the Norna Room – for a potluck lunch and short business meeting. Our next lunch/meeting is **Tuesday, September 12** (yes, the second Tuesday).

As a group, we participate in the annual Lodge Bazaar and Heritage Day. Our booth offers many "crafty" items for sale, including our famous embroidered dish towels, hand-knit children's sweaters, socks, and mittens, those hard-to-find refrigerator towels, and our newest items – Swedish weave bottle holders and placemats (made by a Norwegian, of course).

Other activities we sometimes plan include gatherings at local nurseries, a trip to the Poulsbo Lodge for shopping and attending their Kaffestua, as well as an afternoon lunch and movie. Read future Vikingens for announcements about our group and plan to join us. We are a fun family of Lodge ladies who would welcome new members like you.

Special Note: Congratulations to one of our members, **Marilyn Fuller**, who will be married to "her Richard" on Sunday, August 27, at 10am, at Ballard First Lutheran Church.

Judy Gray & Chris Heins Co-Presidents



# **Greetings from the Kaffestua**

We are open Wednesdays and Fridays 10am-2pm. Sept 2023 DATES

We will be open Wednesdays and Fridays in September....
EXCEPT WE ARE CLOSED Friday, September 1st
We have NO First Saturday Kaffestua in September
Lisa og Laurie

#### **NORWEGIAN GREETINGS**

#### Hei Allesammen!

Nå skal vi begynne å komme sammen og mø den 13 september. Kom og feire dagen med oss. Vi skal ha møter hver må ned til juni 2024! Bli med, delta og kos deg!! Bli med, delta og kos deg!! Hilsen fra Ellen Margrethe.

## Hello Everyone!

Now we are going to begin to get together and meet the 13th of September. Come and celebrate the day with us. We will have meetings every month until June 2024! Be with us, participate and have a good time!!

**Greetings from Ellen Margrethe** 

### **LEIKARRINGEN LIAISONS**

This summer found the Leikarringen dancers busier that usual. We were invited to participate in the West Seattle Sea Fair parade July 22nd. Our truck banners added great publicity for the Lodge. We even came in third in the dance category and several of us met at Wendy's lovely new West Seattle home for a cooling chat afterwards. We then had two practices to prepare to be part of the State Parks Mountain Melodies program Saturday, August 12th. We performed for an hour at beautiful Lake Wenatchee State Park which included dancing, live music with Bill and Nancy, a presentation of our bunader and audience participation. Many in the audience of about 80 people had a lot of fun joining us in the opening Landans. This was so successful that at the end of our presentation almost everyone joined us in learning a simple dance. Much laughter was followed by more fun as we all made a big circle to participate in singing Lev vel with which we end every dance practice. We had fourteen members who were able to participate.

Tuesday, September 12 at LEL from 5-7pm everyone is welcome to join us as we start up our regular practices again. We meet every Tuesday, September through June except for Holiday breaks. No prior dance experience is necessary and this first meeting will include a

party at the end of rehearsal. We have great dance teachers with Beth and Elaine; Nancy and Bill provide wonderful live music for our practices and a group of friendly dancers await to share their love of Nordic dancing and assist the learning experience. We even have loaner folk dress available for those who feel ready to perform but there is no pressure. We look forward to seeing you.

Respectively submitted, Sheila Bartanen President, Leikarringen

#### LIBRARY NEWS

Please contact me if you'd like to use the library in September. Also, if you have books you'd like to donate, please contact me in advance with a list of books. The library is short on space and I'm trying to focus the collection to books that are not available in other local libraries.

I've started listening to audiobooks this summer while I commute to and from work. I'm just finishing "Four Hundred Souls" edited by Ibram X. Kendi and Keisha N. Blain, which has been a fascinating and important read. As far as Nordic books, I read "My Soul to Take" by Yrsa Sigurðardóttir. I'm hoping to read the next in that series this fall. Happy reading!

Ariane Westin-McCaw LEL Librarian



# **Norwegian Calendars For Sale**

Leif Erikson Lodge is selling special Norwegian calendars for 2024, just in time for the holidays. Price is \$15.00 plus \$5.00 for postage if you want it mailed to you. Mail a check, made out to LEL, Leif Erikson Lodge, ATTN: Calendars, 2245 NW 57th St., Seattle, WA 98107. Supplies are limited so order now! Email Gail at <a href="mailto:vikingeneditor@gmail.com">vikingeneditor@gmail.com</a> if you wish to purchase a calendar. Tusen takk!

#### **IN MEMORIUM**

**Linda Bjorndal** passed away on May 4, 2023, at age 74. She joined the Lodge in December 13, 2006. She will be missed by her husband Trygve and family and friends. The Memorial will go to the Leif Erikson Educational Foundation.

**Charles O. Burgess** passed away on June 13, 2023, at age 91. He joined the Lodge in 1991 and was a Golden Member. He was born in Willamette Valley, and liked to say that he was a country boy at heart, but his worldly path says otherwise. He was successful as an honored professor emeritus of education, primarily at UW with a post doctor fellowship at Harvard. His deep interest in music led to his guitar strumming ever-harmonizing member of the Seattle Folklife Society. He worked with wood as a carpenter and, especially as a carver of note with focus on Scandinavian and Salish nations design. He was a philosopher, artist, education wordsmith, musician and theater lover, but mostly he was a partner, Dad, Papa, Uncle Chuck and a good friend and mentor to many. The Memorial will go to the Leif Erikson Educational Foundation.

**Synnove Dragoy** passed away on July 3, 2023, at age 91. She joined the Lodge in 1983 and was a Golden Member. She grew up in Tromso, Norway. As an adult, she worked at the weather institute in both Tromso and Oslo. She had a wonderful stint in the hat department at Harrods in London, where she developed her love of hats. In 1956 she married her beloved husband Nils in Tromso where they raised their four children before immigrating to Seattle, WA in 1980. In Seattle, Synnove received a degree in oceanography, studied Spanish and developed a love of creating beautiful stained glass. One of her stained glass creations is in the stairway at Leif Erikson Lodge. She loved to travel and connected to people wherever she went. She could frequently be heard giving a kind word to a stranger. She was preceded in death by her husband Nils and brother Haakon and survived by four children, Elin (Terje), Anna-Lise, Nils-Petter (Amber) and Astrid (Rich), her brother Arne, her grandchildren Ingrid, Erik, Alexandra, Camilla, Siw-Malin, Sunniva, Olav and Finn and great grandchildren Adrian, Andre, Aaron and Savannah. The Memorial will go to the Leif Erikson Educational Foundation.

**Karen Dianne Martinsen** passed away in June/July 2023, at age 82. She joined the Lodge in 2008 and was a member for 15 years. The Memorial will go to the Leif Erikson Education Foundation.

Karin Gustafson passed away at the age of 93. This past July 2nd, her family, Leikarringen and LE Lodge lost a remarkable person. Her passion for living a rich, full, interesting life, her beautiful smile, her commitment to her family, friends, organizations, adventures and a sweet spirit from someone who was so genuinely kind, never speaking an ill word about or to anybody left us with an example on how to live and age gracefully. Karin came to the US from Sweden in 1956 from her town, Högsäter in Dalsland Provence. There she skied all through school and all her life here in the PNW. In honor of her love of skiing and the moun-tains, this past August 14th her family scattered her ashes at Snoqualmie Pass. She had 8 children, 2 great grandchildren, a wonderful family who all adored and supported her in eve-rything. She loved dancing: danced with Leikarringen since the 1980's, with Skandia, the Mountaineers, Sno-King dancers, Nordiska, attended Stemne and Nordlek music camps, stayed for Friday night dances after the Normanna Sons of Norway business meetings for years. She met Gerry Folkestad and they became great friends as well as dance and adven-ture partners since 2000. In addition to going to numerous Norleks, went many times to Mex-ico, Hawaii, Norway, Sweden, also to Finland, Moscow, Russia, traveled on a ship to St Petersburg, train to Budapest and on a ship off the coast of South America. She and Gerry cooked Salmon dinners for Stemne, volunteered for many events at LEL, the Everett lodge, the Swedish club and likely more. She was voted the Swedish Club's Swede of the year in 2016 and was a Golden member of LEL. Somehow, she found time to golf a lot with Gerry and they also were in several pinochle groups. We were all honored to call her friend and loved her company. She will be missed and I believe her spirit will still be present in future events and activities as she remains a beautiful example of living. Thank you, Karin. Submitted by Sheila Bartanen, Leikarringen President. Cards may be sent to the family at: Family of Karin Gustafson, 9432 235th Place SW, Edmonds, WA 98020.

**Harold Mork** passed away on July 1, 2023, at age 84. He joined the Lodge in 1968 and was a Golden Member and a 40-year Member in 2008. He was a beloved husband, father, grandfather, and mentor. He was born in Tacoma of parents who had immigrated from Sweden and Norway. He graduated from Ballard High School in 1957. He attended WSU where he met the love of his life, Gretchen Gaiser. He completed his education at the UW and married Gretchen. Harold and Gretchen were married 63 years and raised their three daughters in Edmonds. He fished commercially in Alaska for salmon and halibut. Harold's dedication to his heritage is evident through his lifelong membership in the Lodge! Harold will be remembered for his unwavering commitment to his family. The Memorial will go to the Leif Erikson Educational Foundation.

Erling A. Skaar passed away July 1, 2023, at age 80. He joined the Lodge in 1970 and was a Golden Member. Erling was a noted mariner, innovator and singer! Erling passed away in Salem, OR after giving a robust performance at Sangerfest 2023, where he participated as a long-time member of the Norwegian Male Chorus of Seattle. He was an early leader among U.S. Fishermen, pressing to defend the industry from pollution threats. Skaar grew up in a family of mariners in Stavanger, Norway. Trained as a marine engineer, he worked a few years as a teenager aboard Norwegian freighters and herring vessels, and then emigrated to the United States at age 20 in 1962. In the U.S., he signed onto a Shell Oil exploration out of Oregon, starting as mess man and rising to chief engineer aboard the 5,000-hp Cal Tide by 1965. At a dance in Seattle, he met Liv Jorgensen, another new immigrant who grew up near Farsund, in the south of Norway. The couple married in 1964. That summer, Skaar tried his hand a fishing salmon in Alaska's Bristol Bay. In 1967, he left Shell to fish for king crab aboard the F/V Foremost, then worked aboard a succession of vessels before acquiring his own. He was naturalized as a U.S. Citizen in 1968 and settled in Seattle and joined Ballard's Norwegian community. The Memorial will go to the Leif Erikson Educational Foundation.

#### **REMINDERS**

You can sign up to receive the Vikingen via email. If you prefer to receive a hard copy newsletter let us know at leiferiksonlodge@ qwestoffice,net or call the LEL office and leave a message; 206-783-1274.

Not receiving the e-news? Sign up for e-news by emailing <u>leiferiksonlodge@</u> <u>qwestoffice.net</u>. This email comes out several times a month and provides an update to Lodge events and activities, as well as links to the Vikingen, renewing your membership and volunteering at the Lodge.

# DO YOU HAVE A NEW PHONE NUMBER, EMAIL OR ADDRESS?

If you have a new phone number, email or address let us know. Email Ellen at ebeckster@gmail.com. You can also go to the SON website-www.sofn.com-log and update your Member profile.

Please remember to forward your mail if you are gone for a longer time period. If you have a new email, you can email the office at <a href="mailto:leiferiksonlodge@qwestoffice.net">leiferiksonlodge@qwestoffice.net</a>. Thank you for keeping the Lodge in the loop!!

Deadline for submitting articles to the Vikingen is the Saturday following the membership meeting. Send articles to the Vikingen Editor at vikingeneditor@gmail.com.

#### ORDER LEL NAME TAGS

You can order your Leif Erikson Lodge name tags by contacting Bernie Bowers at <a href="mailto:Bernieb3@comcast.net">Bernieb3@comcast.net</a>. Nametags are \$15.00. Mail a check made out to Leif Erikson Lodge. Mail it to LEL, ATTN: Bernie, 2245 NW 57th St., Seattle, WA 98107.



#### **Norwegian Ladies Chorus of Seattle**



At Leif Erikson Lodge, 2nd Floor Zoom meetings led by Joseph To, Director

Contact: norwegianladieschorus@gmail.com
Renewing and preserving our Norwegian Heritage
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Please notify Ellen Beck of any changes in Name, Address, or Phone Numbers. Please also let her know of a death of a family member ebeckster@gmail.com.

# LEL CALENDAR - SEPTEMBER/OCTOBER 2023

September 4 – Labor Day Holiday (No 1st Saturday Kaffestua,

starts again on Oct. 7th)

September 6 - LEL Board Meeting (Zoom) 7:00pm

September 9 - Second Saturday Events: Movie – 3:00pm (Norna);

Happy Hour- 5-8pm

September 9 - Vikingen Deadline(for October)

September 13 - Social 5:30pm; LEL Dinner, 6:00pm, Program, 6:45pm;

Business Meeting – 7:30pm

Sept 15-17- Doreen Parker Adult Heritage Camp-Trollhaugen;

pre-registration req'd

eptember 16 - Brewery Tour/Oktoberfest gathering, 11:00am;

RSVP NLT 9/13

September 20 – LEL Trivia, 7:00pm, via Zoom

October 4 - LEL Board Meeting (Zoom) 7:00pm

October 7 – 1st Saturday Kaffestua, 10:00am-2:00pm October 7 – Ski for Light Salmon/Cod Dinner; 6:00pm. \$30.00.

RSVP to Bothell SON. Dinner@bothellsonsofnorway.org./425-485-9085

October 9 - Leif Erikson Day

October 11 - Social 5:30pm; LEL Dinner, 6:00pm, Program, 6:45pm;

Business Meeting – 7:30pm October 14 - Second Saturday Events: Movie – 3:00pm (Norna);

Happy Hour- 5-8pm

October 14 - Vikingen Deadline (for November)

October 18 – LEL Trivia, 7:00pm, via Zoom October 28-29 - 117th Annual LEL Bazaar;10-4 Sat. and 11-4, Sunday

Ballard Health Club Silver Sneakers class is meeting at LEL Mon, Wed and Friday, 10:00-11:00. Please contact Marianne for details. marianne@ballardhealthclub.com

Exercise class lead by Audrey in main hall, Wednesdays, 11:15-12:00. 1st class free, \$5.00 after that.

LEL Zoom information: https://us04web.zoom.us/j/9155821189 Meeting ID: 915 582 1189; Dial in by Phone: 1 (253) 215-8782. Please check the LEL website, e-news and Facebook for updates to the Lodge calendar and activities. www.leiferiksonlodge.org; Facebook - <a href="https://www.facebook.com/groups/LeifEriksonLodge">https://www.facebook.com/groups/LeifEriksonLodge</a>



#### NORWAY PARK 60TH ANNIVERSARY



Traditional Marzipan Cake

In the Summer of 1963, Norway Park was a simple wooded area of dirt roads that once was used for logging in the early part of the twentieth century, the old red house restored from a former farmhouse, used for the caretakers of what became Leif Erikson Recreational Association. The lower park was a field of overgrown shrubs, grass, and no sandy beach a long Lake McMurray, a railroad crossing, all waiting to be transformed into the lower park and upper park we see

Hip hip hurra! An impressive celebration happened on August 12, Saturday afternoon! The dedication of the new Berg Pavilion sign, while Erling Berg, Asbjørn Berg and family were in attendance. Tusen takk Madeline DeLia for arranging to get the sign skillfully made to honor the Berg Brothers, designing and constructing the pavilion we much enjoy to this day. A big tusen takk to Kenny Porter-Sorvik for assisting with the sign installment.

The celebration was able to happen with a committee and volunteers, Erik-Bjarne Witzøe, An-Magrith Erlandsen, Madeline DeLia and Berit Smith helped put together the event in all capacities from scheduling, food menu and media, to hiring talent for the event entertainment. Marilyn Tangen helped with event décor and food menu preparations, working hard creating beautiful smørbrød (openfaced sandwiches) along with Marit Hagen and Julie Freeman. We had additional assistance from Leif Erikson Lodge Past Presidents, Gail Engler and Seth Maristuen, tablecloth arrangements, bottled water and ice. Nancy Solheim played an important part with publicity and the raffle drawings. Doug Warne stepped up to the plate to help where needed. Video DJ Andy Jensen and with the trio Scandi-Folk band, 6 Feet Back, in entertainment. We acknowledge and humbly thank everyone who helped with this undertaking, organizers to volunteers of the 60th Celebration. Tusen takk!

As for the 60th Celebration, sunshine and heat all the way. Traditional Norwegian music to a wonderful historical video of Norway Park created by An-Magrith Erlandsen, with a soundtrack of Edvard Greig, famous Norwegian composer who originated from Bergen.

Also, an impressive turnout of many generations who are apart of Norway Park's history. Again, we thank Marilyn Tangen and others for the wonderful spread of food served, smørbrød, pølse med lompe, salads etc. were so blessed for Marylin's great accomplishments. There were no shortage of sweets, ice-cream cups, baked goods to the delicious marzipan cake from Nielsen's Pastries in Lower Queen Anne. Refreshments from a variety of ice-cold pop, water and coffee were offered.

Great Prizes were given at the raffle giveaway; tusen takk Nancy Solheim and Greg Rasmussen. The commemorative pins were also available for sale and currently so. The final part of the celebration was the group, "6 Feet Back", bringing the tradition of accordion folk back for us to enjoy live, just like in days past of fond memories.

Erik-Bjarne Witzøe Lodge Rep. for LERA Board



Doug Warne Erikbjarne Witzoe AnMagrith Erlandsen



Erling Berg John Fallmyr and Asbjorn Berg

# JOIN OUR GOODIES2GO JULEFEST TEAM OF BAKERS!

Julefest Goodies2Go, the National Nordic Museum bake sale of homemade Nordic cookies and other goodies, is looking for new bakers for 2023.

Never baked before or a new or inexperienced baker? The Goodies2Go team is offering cookie baking classes, September 17 and October 15, with easy-to-bake and delicious recipes.

Bakers acknowledge that, in exchange for the free class you may be asked to bake for Leif Erikson Lodge events, such as their upcoming Bazaar on October 29-29. Tusen takk!

If you or a family member or friend is interested in baking with the Goodies2Go team, or interested in the cookie baking classes, please contact team member Sharon Lucas at 206-525-4482 or Sharon.Lucas@comcast.net. Enrollment is limited and classes will fill up fast.



Norway Park Anniversary Desserts



LELEF Pres. Heidi Ludeman with scholarship recipients Noah Allen and Andre Richard and LEL Queen, Karissa Stevens

#### **SPORTS NEWS**

LEL had two teams for the Kubb contest at Trollhaugen annual picnic. 3rd Place Kathleen Lange and Poulsbo lodge member Joanne Graves, and Gail Engler and her nephew Andrew. Spokane team was unbeatable. Bothell lodge made a heroic attempt, but as the afternoon wore on, they lost some energy. Spokane was the grand winner, followed by Bothell Lodge, LEL took 3rd and 4th place. We need to get out our new Kubb set and have some practice sessions!

As I write this, it is much too hot to go outside for exercise. Even early in the morning is too hot! The heat wave is moving through, so we can get back outside later this week. Remember to log your miles and time spent exercising to earn sports medals: Walking, swimming, biking, and other sports/activities. Leikarringen – send in your dancing hours!

For more information about sports medals contact Kathleentatter59@me.com



Laurie Lund Gonzalez and Seth Maristuen



Marilyn Tangen

Longtime NP resident Arlene Templin



Leikarringen dancing at State Parks Mountain Melodies program



Gerry Folkestad and Karin Gustafson