

# VIKINGEN



## MESSAGE FROM THE VICE PRESIDENT

Are you glad it's almost summer? Me too! No more "homework" for several months! What will you do with this time? Some people have already started their summer travel. Some will commence their travel soon. Some people never stop traveling. If you find a post office in your travels, could you send a postcard to the Lodge or send photos, to myself or to our Publicity Director, Barbie Varnes. We will put together a montage of your postcards and/or photos and look back on where our Lodge members have travelled this summer. God tur!

You don't have to travel far to find fun events to attend in District 2 SON. A list of the D2 events are provided in this newsletter. You can start in July and go to Blaine for the Border Festival then to Trollhaugen on July 15th for the Annual Steak and Salmon fry. In August it's the Scramble Golf Tournament in Leavenworth. Don't hit the deer meandering along the course! On September 15-17 it's the Doreen Parker Adult Heritage Retreat, back at Trollhaugen, where you can learn rosemaling, cooking, genealogy or other Norwegian crafts. Sign up now!

July 15-16 is the Ballard Seafood Festival and LEL has had a booth there for many years. You can't miss it, decorated with Norwegian flags. Peter Nestingen is rounding up LEL, NMC, NLC and Leikarringen members to staff our booth for two days. Please email Peter if you can give 2-3 hours of your time. [panestingen@gotmail.com](mailto:panestingen@gotmail.com).

Don't forget that as a LEL member you have the privilege of accessing Norway Park. The Park is celebrating its 60th Anniversary this year. Read more about all the events happening this summer in the Norway Park News article in this newsletter. Thanks to our Lodge Reps -Erik, An-Magrith and Doug- for letting us know all about what's happening up there.

As I have mentioned before, it does take a village

to help staff our Lodge events. The Lodge always needs volunteers and also new people to Chair and Co-Chair them. That's right, these things don't just magically happen.

Speaking of which, thank you to all the volunteers and bakers who worked at the LEL Open House on May 17th. We had a big crowd and everyone was happy! Mange tusen takk! Thanks also to Leikarringen, Bill Boyd and Nancy Morrison and to the Winter Family Band for providing fantastic dancing and music!

Finally, a big congratulations to Ken and Sheila Bartanen for being named Man and Woman of the year for Leif Erikson Lodge. They have worked tirelessly to support lodge events such as the Bazaar and Heritage Day and also performed for the lodge. The Leikarringen dancers are enthusiastic and cheerful not only when they perform but in helping with the various tasks at lodge events. Ken and Sheila are well deserving of this award! Gratulerer!

Enjoy your summer wherever your travels may take you! Don't forget to send a postcard and or photo! God tur!

**Gail Engler, Vice President  
Leif Erikson Lodge**

### MEMBER DINNER RSVP REMINDER

A reminder to make your reservations no later than June 12th, Monday at 5:00pm. June 14th is an icecream social-no dinner. Sign the list on the bulletin board, reserve online or call the Lodge: (206) 783-1274.

### INDIGENOUS LAND ACKNOWLEDGMENT

Leif Erikson Lodge acknowledges our lodge stands on the traditional land of the first people of Seattle, the Duwamish people past and present, and honors with gratitude the land itself and the Duwamish people.

**OFFICERS**

**President** Vacant  
**Vice President** Gail Engler  
 englergail32@gmail.com  
**Counselor** Seth Maristuen  
 sethmaristuen@gmail.com  
**Social Directors** Ingrid Haugaard  
 ingrid.h@compass.com  
 Genesis McDermott  
 genesis.mcdermott@gmail.com  
**Secretary** Vacant  
**Asst. Secretary** Wendy Forselius  
 wforselius@yahoo.com  
**Financial Secretary** Ellen Beck  
 206-619-6680 ebeckster@gmail.com  
**Treasurer** Theresa Nilsen  
 206-362-6837 pearcity@comcast.net  
**Cultural Director** JoAnne Rudo  
 206-329-1443 joyfuldancer321@gmail.com  
**Publicity Director** Barbie Varnes  
 barbie@barbiehull.com  
**Musician/Sports Dir.** Kathleen Lange  
 206-354-7029 tatter59@me.com  
**Asst. Musician** Beth Kolle  
 bethkolle@comcast.net  
**Co-Youth Directors** Kari VanSanford  
 206-915-8490 kari.vansanford@comcast.net  
 Evelyn Elliott  
 206-755-2151 elliottevelyn@yahoo.com  
**Librarian** Ariane Westin-McCaw  
 arianewm@gmail.com  
**Historian** Christine Anderson  
 206-784-6181 cmadance@earthlink.net  
**Sunshine Committee** Karen Abelsen  
 206-783-5367.

**NORNA**

Judy Gray/Diane Adams 206-783-1274

**LEIKARRINGEN**

Sheila Bartanen. President 206-859-0640

**LEIF ERIKSON BUILDING ASSOC.**

**Ozzie Kvithammer** President  
 ozziekvithammer@gmail.com

**LERA**

**Doug Warne** President  
 LERAPresident@norwaypark.net

**SON Lodge-Financial Benefits Counselor**  
**Bill Nelson** 425-785-6433

**Building Caretaker**

Gary DeLeon

**VIKINGEN**

Leif Erikson Lodge No. 2-001

Sons of Norway

2245 NW 57th Street, Seattle, WA 98107-3134

**Business Manager:** Gail Engler

**Editor:** Gail Engler

**Phone:** (206) 783-1274

**Webpage:** www.LeifEriksonLodge.org

**Email:** leiferiksonlodge@qwestoffice.net

**Email:** LEBARentals@qwestoffice.net

**Membership Meetings:**

2<sup>nd</sup> Wednesday beginning at 7:30 pm

Deadline for Vikingen is Saturday following

Membership meeting.

Vikingeneditor@gmail.com

The Vikingen has been published since 1945.  
 Leif Erikson Lodge was founded on May 13, 1903

**LEIF ERIKSON LODGE**  
**INVITES YOU TO**  
**AN OLD-FASHIONED ICE CREAM SOCIAL**  
**ALONG WITH THE**  
**SØLJE SISTERS PLAYING SCANDINAVIAN**  
**MUSIC**  
**WEDNESDAY, JUNE 14**  
**5:30 P.M. - 8:30 P.M.**



*Sølje Sisters*

Fresh strawberry or chocolate sundaes with dollops of whipped cream, cookies, coffee or tea will be provided. Come catch-up with lodge members and greet new members. There will be raffles for some fun prizes and listening or dancing to the music of the Sølje Sisters.

Sølje Sisters plays Scandinavian and other folk music. The group was formed over twenty-five years ago and plays throughout the Seattle area. The ensemble includes accordion, flute, harmonica, ukulele, mandolin and violin.

Although there is no charge for the Ice Cream Social, it would be ever so nice if you would call the lodge to make reservations so that we can have enough sundae makings, (206) 783-1274, reply in the E-news or sign up on the Bulletin Board list. Remember to bring your dancing shoes and don't worry, our sundaes have no calories!

*JoAnne Rudo, Cultural Director*

## HELLO FROM THE KAFFESTUA



We are open Wednesdays and Fridays 10am-2pm.  
June/July/August 2023 DATES

We will be open all Wednesdays and Fridays in June. Closed on July 5th.

Open all Wednesdays and Fridays in August.

We will also have First Saturday Kaffestua on June 3rd but it's closed on first Saturdays in July, August and September.

**We are actively seeking new volunteers for the Kaffestua. If you know of anyone that would like to help once a month, please call or text Laurie Lund Gonzalez at 206-409-0153. We would greatly appreciate it!**

Tusen takk to those who have donated food items such as the smoked salmon from Vidar Varness, Anne Marie Nordbo (gjetost) and Malin Johnsson (gjetost) and all our many other hardworking Kaffestua volunteers for their donations!

**Laurie og Lisa**

## VELKOMMEN TIL NEW MEMBERS

Please welcome the following new members to the Lodge:

Kari Guddal, "Megura" Amanda Monahan-Sundberg, Ryan Thomas Monahan-Sundberg, Richard Maxwell Raymond, Jr, Ellen Evann Raymond, Leif Bjorn Bjaland, Emil Decou, Anna Roach(Transfer).

Reinstated Members: Adam John Haugo, Alissa C. Mercer

Please get to know your fellow Lodge members by joining us in the many lodge activities during the year and perhaps volunteering at an event. Contact Ellen Beck, Seth Maristuen (sethmaristuen@gmail.com) or Gail Engler (englergail32@gmail.com).

Current members, please renew your membership and pay dues as soon as you receive your notice from SON. Norway Park residents must always maintain current LEL membership as a condition of their residing at Norway Park.

**Ellen Beck, Membership Coordinator/  
Financial Secretary, ebeckster@gmail.com**

## SECOND SATURDAY HAPPY HOUR

Happy Hour on the 2nd Saturday of June in Kaffeestua (June 10th) will be last of the season until September. It will be a nice relatively small social function at which new members might get better acquainted. You can also invite some friends and show off the Lodge. Happy Hour runs from 5:00 to 8:00 pm and for only a charge of \$5, for each member and guest provides a lite supper and two drinks. The drink choices include pop, beer, wine or regular spirits and hard cider. We will try to have the coffee maker working for us as well. As usual there will be a free raffle with prizes for those who bring some finger food to share on the buffet table. An additional raffle will be held for some nice prizes and those tickets are available during the evening for \$1 each. The events are usually well attended and are a lot of fun. Think about it; where can you go out and get supper and two drinks for only \$5? Hope to see you and some friends on June 10th. No reservations needed.

**Doug Warne**

## GREETINGS FROM THE NORNALADIES

Our group went on a "field trip" for our monthly gathering on May 9. We went to Molbak's in Woodinville to have lunch in their cafeteria and do some spring shopping amongst the plants and flowers.

We have one more meeting in June before our summer break. We are having a potluck lunch at the home of one of our members: Tuesday, June 20, at 11:30am. An email will be sent to our regulars to give them the location. If you are interested in joining us, please reply with an email to jdygry@comcast.net. Watch for the September Vikingen for our fall activities.

Enjoy your summer; stay safe and well; get some Vitamin D directly from the sun! Cheers,

**Judy Gray & Chris Hines  
Co-Presidents**

## NORWEGIAN GREETING

Hei Allesammen!

Hvordan har dere det med temperaturen? Har det vært for varmt? Jeg hå er at dere har det bare bra. Vi skal ha møte den 14 juni med is krem! Hå per dere kommer. Hva skal dere gøei juli og august nå vi ikke har møte? Skal dere reise bort til familien eller til et sted dere liker å være til å hvile? Ha det bra!! Og ha det godt!  
Ha det Allesammen!!

Hilsen fra Ellen Margrethe  
Hi Everyone!

How have you had it with the temperature? Has it been too hot? I hope that everyone has it good. We will have a meeting on June 14th with ice cream! Hope you can come. What are you doing in July and August when we don't meet?

Are you going to travel to family members or to a place you like to rest up? Have it good! And have it well everyone!

Greetings from **Ellen Margrethe**

## GREETINGS FROM THE LEIF ERIKSON YOUTH DIRECTORS!



*Treats for Barne kids*

After such a fun opportunity to have the Barneleikarrigen visit us in April for a tutorial of dances, we invited them to return in May to practice dances to be performed during the Ballard Syttende Mai Parade. We look forward to having them return again in the future to engage with youth of the Lodge!

In June we will host a game of Kubb, right after dinner (Ice cream social starts at 6:00 pm.) We will walk to the Ballard Locks from the Lodge and back.

Also in June we hope you will join us and help raise the children's maypole at St. Edward's State Park, June 25th, 11am-6pm, in Kenmore for Skandia's Folkdance Society for their Midsommarfest event. Hipp Hipp Hurra!!

**Evelyn Elliott and Kari VanSanford**  
**RSVP at [elliottevelyn@yahoo.com](mailto:elliottevelyn@yahoo.com),**  
**206-850-8212, or [lelyouthseattle@gmail.com](mailto:lelyouthseattle@gmail.com)**

## DISTRICT 2 SONS OF NORWAY EVENTS

Upcoming D2 events for the summer are listed below. For application forms and more details see their website at <https://www.sonsofnorway2.com>.

July 8 – Border Festival and Picnic. Blaine, WA. Contact Elaine Graddock, President, Border Festival, [Viking1kg@gmail.com](mailto:Viking1kg@gmail.com) Border Festival and Picnic. <http://www.sonsofnorwayd2.org/wp-content/uploads/2023/04/BORDER-FESTIVAL-HISTORY.pdf>.

July 15 – Steak Fry -Trollhaugen. Kubb and horseshoes start at 10:00. Happy Hour – 2:30pm. Dinner at 3:30pm. Adults -\$30.00/ Kids-\$5.00. Contact: Bill Hicks at [Hicks1015@msn.com](mailto:Hicks1015@msn.com) for Tickets and Laurie Berg at [laurieberg.lb@gmail.com](mailto:laurieberg.lb@gmail.com) for Horseshoes and Kubb information.

August 19 – Scramble Golf tournament at Leavenworth, WA. \$125.00. Register by July 31, 2023. Bothell Sons of Norway Attn: Golf Tournament PO BOX 492 Bothell WA 9804

September 15-17 -Doreen Parker Adult Heritage Retreat at Trollhaugen. Contact Chris Hicks at 425-672-0194. \$150.00; register by August 15th. Instruction in rosemaling, Norwegian crafts, genealogy.

## NORWAY PARK NEWS

It's the most wonderful time of year for Norway Park, nature has awoken with all its glory of sun and beauty.

June is the month Summer begins, the 60th Summer for Norway Park, kicks off with Sankt Hans, June 24th; Midtsommer actually the true day of Sankt Hans. Activities for the day range from Alletiders Kafe – Barne Leker (Children's games on the playfield) Bingo and Raffles later. The concession window will be offering such things as pølse (hot dogs), coffee and ice cold pop. The annual bonfire will be starting at dusk, always the highlight of the evening. Sankt Hans is for Leif Erikson Lodge Members and their guests, entry \$5 at the gate. Festivities take place in the lower park with the café opening at 11:00. Cake walk- 1:00, Barne leker-2:00, Bingo-3:00-4:00. Video DJ -7:00, Bonfire at ??

Project restoration continues as the lower park is looking well managed with a lot of TLC. The general grassy areas look freshly trimmed, and the picnic tables are being restored. Tusen takk to Madeline DeLia for rallying up volunteers from the park for the restoration work, happening as we mention.

The 60th Anniversary pins for Norway Park, are now currently being sold for \$5 at the LERA office (see Berit Smith) and at Leif Erikson Lodge in Ballard and other possible chosen locations. There is a limit of pins available, purchase yours ASAP before the supply runs out.

The Lake Mc Murray Fire Department Salmon Bake, will be held in the lower park, returning to Norway Park after many years. The Salmon Bake will be on the 9th of July, Sunday.

Remember to mark your calendar for the 12th of August, Saturday, the 60th Anniversary Picnic will be the biggest event this summer, full details next month.

**Submitted by Erik-Bjarne Witzøe  
Lodge Rep.**

## LEIKARRINGEN LIAISONS

Leikarringen is beginning a busy performance schedule. We hope you were able to see us dance at the lodge Wednesday, May 17th at 1:10 pm and 1:40 pm accompanied by our fiddler Bill Boyd and recorder player Nancy Morrison. We have been well taught and prepared by both our dance director Beth Kolle and our dance coordinator Elaine Everitt.

Also on Syttende Mai we participated in the parade in Ballard, walking and dancing the entire route. The following Saturday, May 20th, Leikarringen also participated in the parade for Viking Days in Poulsbo, again accompanied by our wonderful musicians. They ride in the back of a truck driven slowly proceeding us and there playing is broadcast to all those we pass and to us so we can dance to the music. A few years ago Leikarringen purchased a new amplifier so we now all hear this music very well.

Leikarringen is performing at Folk Life on Sunday, May 28th at 4pm. Come and see us dance and talk about our bunader in the Exhibition Hall. We are so glad to be part of this annual celebration again. At all our events we display our Leikarringen banner which also proudly identifies us as part of Leif Erikson Lodge 2-001, Sons of Norway.

Our next dance performance is at the Skandia Midsommar celebration on Sunday, June 25th. This takes place at St. Edwards Park in Kenmore. We don't know our performance time yet but come for the day and find live music, dancing, making flower crowns, vendors and of course the raising of the Midsommar pole in the traditional way.

Unusual for us we have two performances this summer. We have been invited to be in the West Seattle parade Saturday, July 22nd as part of SeaFair. Additionally, we will be dancing and presenting bunad information August 12th at the campground at Lake Wenatchee. Many of us will also be attending Norse Folkdans Stemne, Aug18-20. It is so good that this wonderful summer Norwegian dance camp is starting again after a hiatus due to Covid. We hope to see many of you at these events. Be sure to come and talk to us.

**Sheila Bartanen  
President, Leikarringen**

### IN MEMORIUM

**Martin Lode** passed away on April 13, 2023, at age 87, after a long fight with Parkinson's Disease. Martin joined the Lodge in 1971 and was a member for 50 years. He was a loving husband, father, grandfather and brother who will never be forgotten. He was born in Kleppe, Norway and came to work on his uncle's farm in Montana during the 1950's. He then joined the United States Marine Corp in 1956 and in 1964 he became a United States citizen. During that time he met Carol Mathisen, of Ballard, and they later married in 1963. Martin's entire life career was in construction which started when he went to work for The Cawdrey and Vemo Company in Ballard and ended when he retired as the owner/operator of The Lode Company. Martin is survived by his daughter Anita (Lode), two grandsons, Derrik and Dennis Olsen, two sisters, Ingeborg Gaard and Gunlaug Straume, and his brother Olav Lode. A memorial service was held on May 6th. The Memorial will go to the Leif Erikson Educational Foundation.

**Linda Bjorndal** passed away on May 4, 2023. She was married to Trygve Bjorndal for 52 years. She is survived by her husband Trygve and daughter Wendy. Trygve was a regular patron in Kaffestua and often played his accordion there for many years. Linda will be buried in Wisconsin. More details about Linda will be published at a later date. The memorial will go to the Leif Erikson Educational Foundation.

### DONATION THANK YOU'S

The following people recently donated to the Lodge Building Match Funds: We thank you for your very generous donations ! Harry Khamis, Sonja Berg, Karen and Joel Starr, Magna Warnes and Ragnhild Eidem.

As previously mentioned, the new roof matching fund has been met. Thank you to the generous person who matched the donations. And many thanks to all the LEL members who donated and made the match possible. More than enough funds were raised and the extra will be applied to the HVAC costs. HVAC was to be installed towards the end of May.




*Jan and Joan*

Happy Birthday to all our members with June birthdays. Celebrants include Tove A., Geraldine A., Ken B., Anne-Lise B., Catherine B., Sonja B., Bernt B., Anne D., Paul E., Steve G., Per O., Marilyn T., Synthia T., Christopher V.

Special greetings to those who turn 90-something including Ruth H., Tore K., Beverly S., Albert H. and Per T.

Our youngest members include Kari B., Cedric C., Elin C., Arielle D., Benjamin J., Fryda T., Anders A. Our most senior member for June is Ruth H.

**Gratulerer med dagen!**



LEL Past Presidents  
Lee Ehrheart, Andrea Torland,  
Bjorn Gjolmesli, Randi Aulie,  
Robert Svendsen, Russ Oberg,  
Doug Warne, Gail Engler  
& Seth Maristuen

Lilla Spelsmanlag -Martha & protoges



Ken and Sheila Bartanen  
Man and Woman of the year

Barne dancing



Photos From May Membership Meeting

### REMINDERS

You can sign up to receive the Vikingen via email. If you prefer to receive a hard copy newsletter let us know at leiferiksonlodge@qwestoffice.net or call the LEL office and leave a message; 206-783-1274.

Not receiving the e-news? Sign up for e-news by emailing leiferiksonlodge@qwestoffice.net. This email comes out several times a month and provides an update to Lodge events and activities, as well as links to the Vikingen, renewing your membership and volunteering at the Lodge.

#### DO YOU HAVE A NEW PHONE NUMBER, EMAIL OR ADDRESS ?

If you have a new phone number, email or address let us know. Email Ellen at ebeckster@gmail.com. You can also go to the SON website-www.sofn.com-log in and update your Member profile.

Please remember to forward your mail if you are gone for a longer time period. If you have a new email, you can email the office at leiferiksonlodge@qwestoffice.net. Thank you for keeping the Lodge in the loop!!

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Deadline for submitting articles to the Vikingen is the Saturday following the membership meeting. Send articles to the Vikingen Editor at vikingeneditor@gmail.com.

### ORDER LEL NAME TAGS

You can order your Leif Erikson Lodge name tags by contacting Bernie Bowers at Bernieb3@comcast.net. Nametags are \$15.00. Mail a check made out to Leif Erikson Lodge. Mail it to LEL, ATTN: Bernie, 2245 NW 57th St., Seattle, WA 98107.

### FROM YOUR FRIENDLY LIBRARIAN

Greetings from the Library! Library hours for June, July and August will be by appointment only. You can also contact me via email or phone. Email is arianewm@gmail.com. Phone: 206 854-2930. I live very close to the lodge, so it is easy for me to open the library by appointment. I really do encourage people to either call or email me if they have donations or would like to check out a book.

Please check with me before donating books as we do have many duplicates and are running out of room to store books. Tusen takk!

**Ariane Westin-McCaw, LEL Librarian**  
**arianewm@gmail.com**

#### Norwegian Ladies Chorus of Seattle



www.nlcofseattle.org  
**NEW SINGERS WELCOME**

Rehearsals: Tuesdays 7:15 - 8:45pm  
At Leif Erikson Lodge, 2nd Floor

Zoom meetings led by Joseph To, Director  
Contact: norwegianladieschorus@gmail.com

Renewing and preserving our Norwegian Heritage through song since 1936



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Phone 425-785-6433

#### BROWN BEAR CAR WASH COUPONS

Please use this coupon to order car wash tickets and mail it to \_\_\_\_\_ office. Please indicate "CARWASH" on the envelope so it goes to the correct committee:

**CARWASH COUPON REQUEST FORM**

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
I WOULD LIKE \_\_\_\_\_ CARWASH COUPONS MAILED TO ME.  
I HAVE ENCLOSED \$10 FOR EACH COUPON FOR A TOTAL OF \$ \_\_\_\_\_.  
*You may wish to donate \$1.00 total for postage, envelope, handling.*



Leif Erikson Lodge 2-001  
2245 NW 57th Street  
Seattle, WA 98107-3134

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*Address Service Requested*

Please notify Ellen Beck of any changes in Name, Address, or Phone Numbers.  
Please also let her know of a death of a family member [ebeckster@gmail.com](mailto:ebeckster@gmail.com).

## LEL CALENDAR - JUNE 2023

- June 3** - First Saturday Kaffestua, 10-2:00pm (New day!) Closed on first Sat. for July and August
- June 10** - Second Saturday Events: Movie – 3:00pm (Norna); Happy Hour- 5-8pm
- June 11** - Norwegian Ladies Chorus Fish and Meatball Dinner and Auction at LEL, 4:00pm (Tickets-Contact Nancy Hiraoka @ [nan.gran@comcast.net](mailto:nan.gran@comcast.net))
- June 14** - LEL Board Meeting/Ice cream Social/Sølje Sisters entertainment/LEL Board and Business Meeting – 7:00pm
- July 8** - Border Festival Picnic, Blaine, WA
- July 15** - Steak/Salmon Fry; Kubb/Horseshoe Tournament-Trollhaugen
- August 12**- Vikingen Deadline(for September)
- August 19**- D2 Golf Tournament-Leavenworth
- Sept 15-17**- Doreen Parker Adult Heritage Camp Trollhaugen

Ballard Health Club Silver Sneakers class will resume its regular M/W/F schedule on June 14th. Exercise class lead by Audrey in main hall, Wednesdays, 11:15 -12:00. 1st class free, \$5.00 after that.

Please check the LEL website, e-news and Facebook for updates to the Lodge calendar and activities.

[www.leif Eriksonlodge.org](http://www.leif Eriksonlodge.org);  
Facebook - <https://www.facebook.com/groups/LeifEriksonLodge>

**The Norwegian Ladies Chorus of Seattle**  
**Fish and Meatball Dinner**  
Scholarship Fundraiser  
**Sunday June 11, 2023**

4 p.m. Social, Bidding Owl, and Silent Auction  
5:30–8:30 p.m. Dinner, Entertainment, and Live Auction

Culinary delights from our Nordic kitchen, fresh cod, Scandinavian meatballs with lingonberry sauce, salad, dessert & a no-host bar. Silent auction followed by a Live Auction with Auctioneer Extraordinaire **Tim Hunter**, plus a raffle you won't want to miss.

Leif Erikson Lodge in Ballard  
2245 NW 57th

Tickets are \$30 for dinner and entertainment. Majority of proceeds to benefit NLC's Scholarship Fund. For reservations, please contact Nancy Hiraoka, [nan.gran@comcast.net](mailto:nan.gran@comcast.net) (425) 778-2353