

VIKINGEN



Hurra for Syttende Mai !



PRESIDENT'S GREETING



Hurra for Syttende Mai! The big day is just around the corner, and this year we are more than ready to celebrate. You can read more about all the events around Ballard on May 17th later in this newsletter; for my part I will ask you to come march with us! The parade starts at 6:00pm and we will be lining up just north of Adams

Elementary School. Stop by the Lodge Open House in the afternoon to get pumped up and fed before the big parade. And of course, visit our friends at Skål Beer Hall down on Ballard Ave; they will be open from noon to 11pm on that special Tuesday. This year the parade Grand Marshal is Ambassador Anniken Ramberg Krutnes, who is Norway's first woman ambassador to the United States. We simply can't wait to welcome her to Ballard for the return of our parade.

Lest we forget what all the celebrating is about, did you know the Norwegian Constitution that was signed on that fateful day in 1814 is the second oldest written Constitution in the world still in existence today? In crafting the document, inspiration was taken from the Constitution of the United States, so everything comes back full circle once again! If you are enjoying these fun facts, maybe its time you logged in to LEL Trivia Night (third Wednesdays at 7pm). We have a great time quizzing on Nordic topics as well as anything and everything else the quizmaster chooses. Like, for instance, did you know the New York Stock Exchange was founded on May 17th 1792, or that Ja, Vi Elsker was first performed in 1864 to mark the 50th year celebration of Syttende Mai. If you knew any of those facts, you might be a trivia champ!

At our April Lodge Member's meeting we were joined by Lori Ann Reinhall from the Norwegian American Weekly. If you are not a subscriber, you should consider signing up. Each publication covers a wide variety of interests and topics. In the early April edition, I, of course, gravitated to the articles on food. The interview with a Nordic "food geek" was very enlightening, especially the information on meatballs! Who knew there were so many varieties, and it turns out she likes the Danes' version best? To each their

own. Thank you again to Lori Ann for providing our program last month. You are a great friend and partner to Leif Erikson Lodge.

This month at our member's meeting and dinner, we welcome back to the lodge Dave Ellingson, who last year gave us a presentation on his kayaking adventures through the fjords of Norway. This time around, Dave will talk to us about another epic trip this time traversing rivers in the USA. We will also have awards to announce to our dedicated members, including LEL Woman and Man of the year, and May is when we celebrate the Lodge's birthday as well! Please join us in the hall on the 11th for a fun evening with friends.

As we move towards our summer "break" around the lodge, please reach out to the board if you would like to help with work projects going on around the hall. Help is needed at Norway Park as well; no rest for the weary! Let's hope for a sunny Syttende Mai, and I will hope to see you soon my friends.

-Seth Maristuen
President, LEL President

LEL MEMBERSHIP MEETING ZOOM INFORMATION

Please join us for our May 11, 2022 LEL Business meeting, to be held this month in person and also via Zoom. Use the information below to log in on Wednesday, May 11th at 6:30 for the program with Dave Ellingsen. Meeting at 7:30pm.

<https://us04web.zoom.us/j/9155821189>

Meeting ID: 915 582 1189

Dial in by Phone: (253) 215-8782.

TIPS FOR USING ZOOM: Download the Zoom app and experiment with it ahead of time. Log in at least 10 minutes before the meeting to get used to Zoom settings. Please mute your microphone.

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VIKINGEN

Leif Erikson Lodge No. 2-001

Sons of Norway

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Membership Meetings:

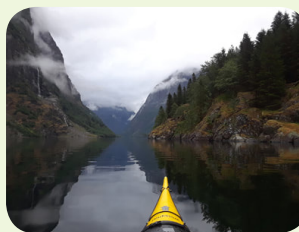
2nd Wednesday beginning at 7:30 pm

Deadline for Vikingen is Saturday following

Membership meeting.

Vikingeneditor@gmail.com

The Vikingen has been published since 1945.
Leif Erikson Lodge was founded on May 13, 1903

DAVE ELLINGSON**PADDLE ADVENTURER, STORY TELLER****MEMBERSHIP MEETING, WEDNESDAY, MAY 11, 2022****SOCIAL 5:30, DINNER 6:00, PROGRAM 6:45**

We are most fortunate to have Dave Ellingson at our May membership meeting. Dave will share his Kayak adventures as he paddles down the Mississippi River, through the Erie Canal and into the Hudson River ending at the Statue of Liberty. Ellingson, inspired by childhood stories of Huckleberry Finn, has pursued a life of adventures, learning and discovery. He is an author and speaker on topics ranging from his personal kayaking trips, environmental care, and social justice to holistic health and spirituality.

Last year, on Zoom, we were treated to his film "Coming Home", tracing his family's Norwegian roots as he paddled through the Sogne and Hardanger fjords in Norway. Dave is known as the Paddle Pilgrim and is a frequent guest on "Travel with Rick Steves." Dave often speaks to community groups, libraires, churches, colleges, and retreat centers. Ellingson is an ordained Lutheran pastor, Master Gardener, former distance runner and triathlete and is married with five grown children. He has also formed the Dave Ellingson scholarship for Environmental Studies and Social Justice for students who need financial help and mentoring. Come meet this warm, accomplished and entertaining adventurer!

For this special evening, Chef Malin has planned a menu featuring: Creamy tortellini with asparagus and leeks. Salad with berries and goat cheese along with dinner rolls. The dessert is Mazarin cake with raspberries and whipped cream—a moist almond cake with frosting. Due to inflation, it is ever so important that Chef Malin knows how many people will be attending the dinner. **Monday, May 9th is the deadline to reserve a dinner as Malin will be purchasing the food on Tuesday. Please call the lodge, 206-783-1724, sign-up on the bulletin board or online.**

Come share the adventures with Dave Ellingson, enjoy a delicious dinner and spend time with our friendly lodge members—not a bad way to spend a Wednesday evening!

-JoAnne Hardt Rudo
Cultural Director

GREETINGS FROM KAFFESTUA



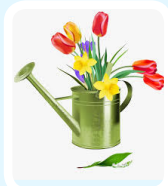
We are open Wednesdays and Fridays now. Please note that we will be closed Friday April 15th in observance of Easter and Friday May 27th for Memorial Day weekend. Second Saturday Kaffestua will also be open on May 14th.

As per City of Seattle guidelines, masks are no longer required and we do not need to check vaccination status. You are certainly welcome to continue wearing a mask if that is more comfortable for you, but it will not be required. Understand that mask mandates may change and Kaffestua will follow City of Seattle/ King County guidelines if that happens.

Since the Kaffestua room is so small and we tend to really pack in, please know that we need to leave the Kaffestua room entry door open for air circulation. If you tend to get chilly, please bring a sweater. Even though COVID cases have dropped, it is still better to do what we can to alleviate the spread of germs in a small, confined room and air flow is a great way to do that. Tusen takk!

**-Hilsen og Tusen Takk,
Laurie og Lisa**

YOUTH ACTIVITIES



Hip hip hurra for May! The Youth Group will be taking a field trip to the National Nordic Museum on May 7, 2022. We will be meeting at the front entrance at 12:00. The address is 2655 NW Market Street Seattle, WA 98107. This event will take about 2 hours. The lodge will be purchasing the tickets for the children.

All adults will need to purchase their own ticket. Ticket prices are as follows: Adults \$20.00, Seniors \$16.00. This is a multigenerational event and we strongly encourage Parents and Grandparents to join us.

It's time for the Youth Groups most favorite event of the year, the Syttende Mai Parade. May 17, 2022 AT 6:00pm. The Youth Group will be walking with the Leif Erikson Lodge in the Syttende Mai Parade. Meet us in the parade line up if you wish to join us. All parade participants must sign a Hold Harmless agreement- available at LEL and our website.

Take a Sneak Peek at our line-up of events for the next few months, Covid-19 permitting.

May 7, 2022	National Nordic Museum 12:00p.m.-2:00p.m.
May 17, 2022	Syttende Mai Parade, 6:00pm
June 8, 2022	Kubb Game at the park

Don't forget to visit the Son website for the latest edition of Viking for Kids. Check it out at: https://www.sofn.com/member_benefits/viking-for-kids/ As always, if you have any questions please call or email us.

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Kari VanSanford
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TROLLHAUGEN 50TH ANNIVERSARY



Trollhaugen Lodge



Has reached another milestone. 50 years from breaking ground in the beautiful Washington Cascade Mountains.

To celebrate this occasion Trollhaugen will be having an Anniversary dinner July 16, 2022.

We will have slide shows of the beginnings of Trollhaugen and the 45 Anniversary, games, dancing and more.

How can your lodge or individual member be a part of the celebration? Easy!

Make a basket to be raffled off.

Find articles or photos and send us a copy.

Make plans to come to the dinner July 16, 2022 at Trollhaugen.

Send photos to Erick Balstad

3407 80th St. E., Tacoma, WA 98443 or

Email: trollhau@outlook.com

LEL SCHOLARSHIP RECIPIENTS ANNOUNCED



*Princess Freya and
Queen Karissa*

Mange takk to all who came to our April meeting scholarship fundraiser and the announcements of our scholarship recipients for the new year!

We are looking forward to seeing Freya Knuteson, Princess, and Karissa Stevens, Queen, at a variety of events

throughout the year. Freya is at every meeting helping her dad, Knut-Sigurd, who is one of our greeters. Karissa, who will be attending nursing school soon, was welcomed by all the other nurses in our midst at the meeting. Congratulations!

We also wish to congratulate Adrian Tonning, Thor Tonning's son, who will be attending Camp Normanna this summer just as his father did. Thor also received a scholarship back in 2002 to be a counselor at Camp Trollhaugen! We would love to get more applications as several scholarships again went unclaimed. Med hjertelig takk til Liv Anna Ollestad for being our Queen during COVID. We wish her continued success in her studies while in Amsterdam and beyond!

-Christine Anderson, LELEF Trustee

SECOND SATURDAY HAPPY HOUR

We had a good turnout on April 9th for the first in many months of the Lodge Happy Hour. There was food, conversation, raffles and it all happened because of the volunteers who put it on. The next Happy Hour will be Second Saturday of May on the 14th with more of the same. Join in and bring a snack or two for the buffet and \$5 for food and two drinks. The time is set from 5:00 to 8:00 so those wishing to continue on celebrating at another venue will be on time. No reservations needed; just show up and help the mood get Happy. Meet your fellow Lodge members and the friends they invite to see our beautiful Lodge.

-Doug Warne, Happy Hour Manager

D2 FOLK ART COMPETITION AT CONVENTION

Join your Sons of Norway fellow members in celebrating our Scandinavian crafts and culture by participating in the District 2 Folk Art Competition & Exhibition, during the District 2 convention in Portland, OR, June 1-5, 2022. There are several categories including rosemaling, hardanger, knitting, carving, genealogy, photography and more.

Sons of Norway members of any degree of skill can submit items, from the very beginner to polished professional. Entries may be offered for judging or simply for exhibition, to share your love of the crafts with others. You can offer them for sale, as well. Registration Overview:

All participants must be current Sons of Norway members. All items must have been completed within the last four years – this is a concession to COVID-19, as we did not have a convention in 2020 for those items completed between the 2018 convention and June 2020.

If you are not certain if your craft is appropriate for this competition, please talk to your lodge cultural director, or email d2.cultural@gmail.com for clarification. Items must be brought to the Folk Art Competition & Exhibition, items mailed to the committee will not be accepted. You need not bring it yourself; you can delegate someone to bring it for you. That person will also be responsible for getting it back to you.

Leif Erikson Lodge Trivia Night



WEDNESDAY MAY 18TH 7PM

ZOOM MEETING

915 582 1189

SUGGESTED DONATION: \$10

**ARE YOU READY WITH YOUR
NORDIC KNOWLEDGE?**

PRIZES WILL BE AWARDED TO THE TOP SCORERS!
GRAB A CHAIR, GRAB A DRINK, AND JOIN US!



Happy Birthday



Genesis, Valborg, Sandi, Knut-Sigurd and Freya



Happy Birthday

Happy Birthday to all our members with May birthdays. Celebrants include Diane B., Christine A., Heidi A., Lorraine and Stephen B., Joan C., Judy C., Sharon F., Inger H., Kristina G., Marit N., Jan Q., Beverly T., Victoria S-H., Vidar W., Per N., Pauline O., Kenzie H., Laurie L., Terje L.

Special greetings to those who turn 90-something including Harold N., Elaine P., Our most senior member this month is Betty E., who turns 99. Gratulerer med dagen!

Our youngest members include Cooper C. -11; Gideon E.-10; David F.-16; Alister J-C.-10; Evangeline R.-10; Lars K.-10.

Gratulerer med dagen!



Happy Birthday



LEIKARRINGEN NEWS

For Heritage Day, Leikarringen members helped with planning, set up and decorating, Ditt og Datt, baking cookies and in general helping where needed. Additionally, small groups took turns dancing to the wonderful live music from four different music groups. Our own fiddler Bill Boyd was the first musician to play for our dancing and the Six Feet Back group is led by Nick Ericson who with his wife dances with us when able. Also, Ken Bartanen won a first place ribbon in his age category for the Fun Run. Yay Ken!

Leikarringen is really looking forward to dancing in the 17th of May parade again. We also will be dancing in full bunad during the first hour of the Lodge Open House on May 17th. Additionally, plans are progressing for us to be in the parade in the Poulsbo Viking days parade Saturday, May 21st and possibly dance a set in their pavilion.

Both Leikarringen and the Norwegian Ladies Chorus have been accepted to perform at Folklife on Monday, May 30th. The chorus is going to learn some of our song dances to sing while we dance at Folklife. Go to <http://nwfolklife.org> for performance groups and times.

[Editor's Note: Many thanks to Leikarringen for all their help with Heritage Day! Their members do a lot to support the Lodge besides performing their wonderful dancing.]

-Sheila Bartanen

Leikarringen President

IN MEMORIAM

Sven Kalve passed away March 6, 2022, at age 84. He joined the Lodge in 1977 and was a Golden Member. Sven was born on the island of Smeholmen on the west coast of Norway. He immigrated to the U.S. with his father and a younger brother on the SS Stavanger, after a family tragedy in 1953. They settled in Ballard and Sven graduated from Ballard High School. He became a U.S. citizen in 1958 and began to work for the Boeing Company, and met Marta. Sven received his degree from the UW in 1971. He traveled to Norway, happily renewing and enriching the relationship with the family there. In the Seattle area he served on the Board of the National Nordic Museum, Highline Community College Council, Federal Way Library Board, PDC Conservation Committee of King County, Municipal League of King County, Citizens' Election Oversight Committee and other organizations. He worked with the Boeing Company over 40 years, culminating his career as a finance executive. Sven is survived by his wife of 60 years, Marta; daughters Kari, Corinne and Gwen Kalve and grandchild Puck Franta; brother Harold. Sven would be honored by remembrances to the National Nordic Museum.

Sigurd Odegaard passed away March 15, 2022, at age 95. He joined the Lodge in 1954 and was a SON Life Member and recently received his 65-year pin in 2019. He was an active member of the Lodge and a Charter member of Leikarringen in 1960. He continued to participate in Leikarringen anniversaries through the years, the last one in 2020. Sig had many officer positions in Leikarringen from treasurer, vice president, and librarian. Else, his wife, also participated as secretary, vice president, and assistant dance director. Sig was involved with construction and put his knowledge to work while he served on the Leif Erikson Building Association from May 1987 – May 2011, where he also served as Vice President for many years. Sig contributed over 1,000 hours in helping build Leif Erikson Lodge. He was honored in 1992 as Man of the Year for his contributions to LEL. He was all things Leif Erikson and also participated as a director in the Leif Erikson Recreation Association (Norway Park Sigurd will be missed by his family and many, many friends. The memorial will go to the Leif Erikson Educational Foundation.

Trudy Stuart passed away March 13, 2022, at age 88. She joined the Lodge in 1981 and was a Golden Member. She danced with Leikerringen for many years, enjoying all kinds of dance, from a Finnish polka to a Norwegian pols. She was active until early in the 1980s when she had an injury to her knee while dancing in Minnesota at a dance camp, which put an end to one of her greatest loves. During her young years, she spent time in Scotland going to school and wearing itchy wool sweaters and eating porridge, neither of which she was fond of (and, yes, she was part of that Stuart family). Trudy survived WWII. She told stories of her father, home and how wonderful it was before the war and how things changed after the Nazis took over Austria. After the war, she met an American serviceman and immigrated to the United States. She also loved her Norwegian heritage. Her banking background also meant she was often involved with the

financial aspects for such groups as the Norwegian Seventeenth of May Committee and the Norway Center Board. Trudy will be missed by her many friends and family members. The memorial will go to the Leif Erikson Educational Foundation.

We remember **John Sjong**, who passed away; on March 2, 2022, at age 85. He was a member of the Edmonds Lodge but spent a lot of time in Seattle and was a member of the Norwegian Commercial Club and attended many events at LEL and, in fact, encouraged folks he knew in the Seattle area to join the Lodge. John was born in Horten, Norway and grew up on the mountain farm of Skotet and in Sykkylven. After serving in the Norwegian military from 1956-57, he moved to the United States, where he worked as a machinist until being drafted into the U.S. Army (1960-62). John married Berit Ingebritsen in 1967. John was proud of his Norwegian heritage. He came from humble beginnings to a life that left a lasting impact on the people he met, the industry he helped build and the cultural community he supported. He is survived by his three daughters and their families: Tina & David Hoyt; Megan, Elizabeth and Karl Jan; Lisa Sjong – Travis & Kelli; Vicky and Jim Jaquish – Allison & Katie and his beloved dog Toby.

WHAT'S HAPPENING AT NORWAY PARK

Opening day of fishing was completed on Saturday April 23 but we don't know who caught the most or the largest fish. We do know that pancakes were to be provided to all who came during the annual Fishermen's Breakfast. [Ed. Note-Ernie Templin was always present for the opening day of fishing. He was there in spirit this year and caught the biggest fish !]

The next events at Norway Park, to which all LEL members are invited, are the monthly work parties on May 7 and June 4th. Show up at Bekkestua at 9:00 am to receive your work assignments and spend the day helping out with keeping your park up to snuff. Those attending will not only partake in camaraderie but will have a nice lunch during the six-hour activity. Stockholders will receive credit towards their annual maintenance fees. Lodge members will receive a Camping credit for one night and those without trailers, motor homes or campers will receive several \$5 day passes as compensation for their contribution of a work party.

Planning has already begun for Midsommer/Sankt Hans. If you wish to participate by manning the gate, serving at Alletiders cafe or helping with some of the games or other events contact An-Magrith Erlandsen, 206- 605-7825, or Erik Bjarne Witzøe, 206-549- 1626, our representatives to the Park Board who are working on a committee to have Lodge members participate. LEL members who are not residents of Norway Park are reminded to bring their SON membership card and ID card whenever coming to the lower park. Check out the Norway Park website for more info. www.norwaypark.org.

Lodge Representatives to Norway Park

- Doug Warne, An-Magrith Erlandsen, Erik Bjarne Witzøe

NORNA LADIES

We have two "positives" to report – and neither has anything to do with Covid19. First, we participated in the annual Heritage Day with a small booth. Our sales were slightly over \$400, which was a very successful day. Second, we had our first lunch meeting since the shutdown in March 2020. We met on April 19 to make tentative plans for our group for the rest of the year.

Next meeting: Tuesday, May 10, at 12 noon, in the Norna Room Potluck Lunch – bring a main dish, salad, dessert, bread/rolls, or "something" of your choosing – enough to share with 6-8 people. Coffee and tea will be provided.

Following meeting: Tuesday, June 14, at 12 noon, in the Norna Room (save the date).

Please RSVP the Friday before each meeting to allow us to get the appropriate room setup. Email to jdygry@comcast.net or call 206.283.2987 (Judy's home number). Stay safe and well. See you soon!

-Judy Gray & Diane Adams

Co-Presidents

VELKOMMEN TIL NEW MEMBERS

Please welcome the following new members into our Lodge: Mary Lynn Everson, Kari A. Haugland, Per Haugland, Gale Roo, Tani Stanford, Stefan Ray Harris. Transferring Into LEL: Brent Sjolseth, Jessica Sjolseth

-Ellen Beck, Membership Coordinator/Financial Secretary ebeckster@gmail.com

NORWEGIAN GREETING HILSEN PÅ NORSK OG ENGELSK

Hei Allesammen!

Ja, nå er det vår og april!! Vi håper for flott vær! Jeg håper også at alle har det bare bra. Det var fantastisk at vi kunne møte i Losje i mars. Og vi håper at vi kan også gjøre det i april, mai og juni. Og nå er det annerledes nå at vi ikke behøver å ha på masker, men kan hvis vi vil. Ute uten mask er en ting, men inne?? Ja, vi får se hva andre gjør! Ta vare på deg selv, men også på familien din. Og vi håper vi ser dere på april på Leif Erikson Losje!!! Ha det!!

Hilsen fra Ellen Margrethe

Hi Everyone!

Yes, now it is spring and April!! We are hoping for wonderful weather! I also hope that everyone is well and happy. It was fantastic that we could meet in the Lodge in March. And we hope that we can also meet there in April, May and June. And it is different now that we are not required to use masks, but can if we want to. Outside without a mask is one thing, but inside?? Yes, we'll have to wait to see what everyone does! Take care of yourself, but also of your family. And we hope that we can see you at our April meeting at Leif Erikson Lodge.

-Greetings from Ellen Margrethe

SPORTS NEWS

Some Leif to Leif Fun Run stats: Most runners pre-registered online for the run. There were slightly more women than men who did the run/walk. 20-36 and 36-50 years were largest age groups. There were over 100 participants. Most importantly all had a wonderful day. The runners poured into the garage and enjoyed all the treats. Thanks to all the volunteers who stepped up to make the Heritage Day possible for the first time in 2 years!

Remember sports medals! Bicycling, walking, swimming and fitness are medal categories. There is a new medal, Hederspris, for those who have earned a bronze, silver and gold and want to continue. More information:

<https://www.sofn.com/blog/step-up-your-game-with-our-new-sports-medals/>

or email Kathleen Lange tatter59@me.com.

Spring is bringing updated versions of the popular Viking Tour. A booklet of clues is available for a donation and has clue hunts in Seattle, Poulsbo, Stanwood and more. Stay tuned! This is a project of our sister lodge, Poulsbo Lodge.

-Kathleen Lange, Sports Director

DONATION THANK YOU'S

The following donation was recently received. We thank everyone for their donations to the Lodge and LEBA. With this help we are able to keep our Lodge going during these trying times.

Marian Jensen- in memory of Vagn Jensen
-Alan Andrist

FROM YOUR FRIENDLY LIBRARIAN

Greetings from the Library! Library hours for May will be the 6th and 20th from 11:00-1:00pm. You can also contact me via email or phone. arianewm@gmail.com; Phone: 206 854-2930. I live very close to the lodge, so it is easy for me to open the library by appointment. I really do encourage people to either call or email me if they have donations or would like to check out a book.

The library had a table at the Heritage Day festivities in the LEL garage and had a great time. We had a box of free books and I will continue to make these available, perhaps putting them in the lobby or in Kaffestua. My entire family participated in the Leif to Leif Run/Walk so it was a family affair!

-Ariane Westin-McCaw, LEL Librarian
arianewm@gmail.com

REMINDERS

You can sign up to receive the Vikingen via email. If you prefer to receive a hard copy newsletter let us know at leiferiksonlodge@qwestoffice.net or call the LEL office and leave a message; 206-783-1274.

Not receiving the e-news? Sign up for e-news by emailing leiferiksonlodge@qwestoffice.net. This email comes out several times a month and provides an update to Lodge events and activities, as well as links to the Vikingen, renewing your membership and volunteering at the Lodge.

Deadline for submitting articles to the Vikingen is the Saturday following the membership meeting. Send articles to the Vikingen Editor at vikingeneditor@gmail.com.

DO YOU HAVE A NEW PHONE NUMBER, EMAIL OR ADDRESS ?

If you have a new phone number or address let us know. Email Ellen at ebeckster@gmail.com. You can also go to the SON website-www.sofn.com-log in and update your Member profile.

Please remember to forward your mail if you will be gone for a longer time period.

If you have a new email, you can email the office at leiferiksonlodge@qwestoffice.net. Thank you for keeping the Lodge in the loop!!

LODGE OFFICE HOURS

The Lodge office will continue to be staffed on Wednesdays and Fridays from 10:00-2:00 pm. Fitness classes will also be held on Wednesdays and Fridays. Also, remember If the Seattle School District cancels school due to bad weather, then Leif Erikson Lodge will also be closed. Please see the Seattle Public Schools website for current closures. Please check the news before you come to the Lodge during bad weather.

TUBFRIM

Thank you to all the lodges that collect stamps for Tubfrim, one of Norway's Special Projects that sells used postage stamps using the proceeds to help provide financial aid to help improve the quality of life for handicapped children and youth.

Clip the stamps off of envelopes or packages received in the mail, being careful to leave a ½ inch margin to protect the stamps. When you get a pound of stamps, write your name, address, phone number, lodge and lodge number on a 3" by 5" card and place it with the stamps into a zip lock bag. Or complete the Tubfrim form available in the office. Forever Stamps are acceptable. Please don't send stamps with damaged perforation, edges, etc. They will be thrown away. The cards are sent to the International Sons of Norway Office in Minneapolis and entered into a drawing for a trip to Norway.

The stamps will be delivered to Bothell Lodge to the Tubfrim coordinators for District 2, SON who will arrange to have them shipped to Norway with no cost to the district except for boxing materials. This is a simple and easy way to contribute to one of Sons of Norway charitable projects.

For Leif Erikson Lodge members, deliver your stamps to the LEL office. Gail Engler is the point of contact and will deliver your stamps to the Bothell Lodge. Call ahead to make sure someone is at the LEL office to accept the stamps. 206-783-1274. Currently the LEL office is open on Wednesdays and Fridays from 10:00-2:00. Tusen takk!

-Gail Engler
LEL Tubfrim Coordinator

Norwegian Ladies Chorus of Seattle



www.nlcofseattle.org
NEW SINGERS WELCOME

Rehearsals: Tuesdays 7:15 - 8:45pm
At Leif Erikson Lodge, 2nd Floor
Zoom meetings led by Joseph To, Director
Contact: norwegianladieschorus@gmail.com
Renewing and preserving our Norwegian Heritage
through song since 1936



Evelyn Elliott
Broker

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MEASURING OUR SUCCESS BY YOUR SUCCESS.



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CULTURE



Leif Erikson Lodge 2-001

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Please notify Ellen Beck of any changes in Name, Address, or Phone Numbers.
Please also let her know of a death of a family member ebeckster@gmail.com.

LEL CALENDAR - MAY/JUNE 2022

May 4 - LEL Board meeting, 7:00pm (Zoom)
May 7 - Norway Park Work Party, 9:00am
May 11 - LEL Membership meeting 7:30 (In person and Zoom)
May 14 - Second Saturday Kaffestua (10:00-2:00)
May 14 - Movie Night, 3:00pm in Norna
May 14 - Second Saturday Happy Hour in Kaffestua (5:00-8:00pm)
May 14 - Bothell SON Drive through pancakes (8:00am-12:00pm)
May 14 - **Deadline for Vikingen**
May 17 - Hurra for Syttende Mai! LEL Open House 1-5; Parade at 6:00pm
May 18 - LEL Trivia, 7:00pm (Zoom)
May 30 - Memorial Day
June 1-4 - D2 SON Convention in Portland
June 4 - Norwegian Ladies Chorus Fish and Meatball Dinner/Auction at LEL, 4:00pm
June 4 - Norway Park Work party, 9:00am
June 8 - Combined LEL Board and Membership Meeting
Ice cream Social 6:00pm (In person and on Zoom)
June 11 - Second Saturday Kaffestua (10:00-2:00pm)
June 11 - Movie night, 3:00pm in Norna
June 11 - Second Saturday Happy Hour in Kaffestua (5:00-8:00pm)
June 11 - Bothell SON Drive through pancakes (8:00am-12:00pm)
June 15 - LEL Trivia takes a break!
Ballard Health Club Silver Sneakers class on Wednesdays and Fridays from 10:00-11:00. LEL Members may attend for free. **
Exercise class lead by Audrey in main hall, Wednesdays, 11:15-12:00. ** 1st class free, \$5.00 after that.
LEL Meetings via Zoom: <https://us04web.zoom.us/j/9155821189>
Meeting ID: 915 582 1189
Dial in by Phone: 1 (253) 215-8782.
Please check the LEL website, e-news and Facebook for updates to the Lodge calendar and activities. www.leiferiksonlodge.org
Facebook - <https://www.facebook.com/groups/LeifEriksonLodge>

Leif Erikson Lodge Movie Matinee



JOIN US IN WATCHING
**How to Train your
Dragon**

<p>Saturday May 14th 3 pm</p> <p>Norna Room 3rd Floor LEL</p>		<p>Feel free to bring a snack or drink to share and come enjoy the film!</p>
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Alt for NORGE

THE AFTER PARADE EVENT AT LEIF ERIKSON LODGE



SYTTENDE MAI 2022 | 17TH OF MAY | TUESDAY | 8 PM | 21+ w/ID

THE ANNUAL SYTTENDE MAI PARADE FROM 6 PM - 8 PM



JOIN US FOR THE RETURN OF THE FULL CELEBRATION OF NORWEGIAN CONSTITUTION DAY. THE 17th OF MAY PARADE IS BACK AND SO ARE WE WITH A POST PARADE EVENT. HELP LEIF ERIKSON LODGE RAISE FUNDS TO KEEP THE LODGE FINANCIALLY HEALTHY. A DONATION OF \$7 IS REQUESTED AT THE DOOR.

VIDEO DJ
Andy Jensen

GUEST PERFORMANCE **Glaffi Glaffi**

NORDIC POP & TIMELESS CLASSICS | SPIRITS, BEER & WINE | RAFFLE

SONS OF NORWAY | LEIF ERIKSON LODGE - 2245 NW 57th STREET, SEATTLE, WA 98107

SONS OF NORWAY  **Leif Erikson Lodge**
leif Eriksonlodge.org

SYTTENDE MAI OPEN HOUSE

CELEBRATE SYTTENDE MAI

JOIN US FOR AN OPEN HOUSE LUNCHEON HERE AT THE LEIF ERIKSON HALL WHERE YOU CAN PURCHASE AND ENJOY AUTHENTIC NORWEGIAN FOOD, GREAT COMPANY AND FESTIVE ENTERTAINMENT!

EVERYONE IS WELCOME!

DATE
MAY 17, 2022

TIME
1PM-5PM

FREE ENTRY

LOCATION
LEIF ERIKSON HALL
2245 NW 57TH ST
SEATTLE, WA 98107

NORDIC CAFE BY CHEF MALIN
LIVE SCANDINAVIAN MUSIC

HURRA FOR SYTTENDE MAI ! LEL OPEN HOUSE AND MORE !



Join us on Tuesday, May 17th as we celebrate Norway's Constitution Day! Ballard will be buzzing, with events planned all around the neighborhood for Syttende Mai. Stop by the Lodge for our afternoon Open House from 1-5, then grab your spot for the parade (or better yet, march along with us!). Lineup for the parade begins at 4pm, with the parade running from 6-8pm. All participants must sign hold harmless agreements (available on LEL website and at the Lodge) and meet near Adams Elementary. Turn into the LEL office. Ask a Parade Marshal for the LEL parade number.

From 1-5 pm we will be serving Scandinavian foods, baked goods, coffee/soda and ice cream treats. Chef Malin and our team of Lodge members will be hard at work preparing a nice menu for everyone to treat themselves on this exciting day. Enjoy festive live entertainment in the lodge and bring your friends! We welcome to the hall Fiddler, Bill Boyd, playing for our cherished folk dancers, Leikarringen; the Six Feet Back Band, and the Winter Family Band. This is a family friendly event with fun for all. After a two-year break, we are thrilled to be part of the parade again and hope to see you out in Ballard. At 8:00pm there is an after-parade event at LEL for 21 and over, with DJ and dance. Bergen Place will also have music from 2:00-5:00 to include Winter Family Band, Norwegian Ladies Chorus, Norwegian Male Chorus, Sunnie and Leif.

Be sure to visit our friends down the street at Skål Beer Hall, they will be open extended hours from noon-10pm on the 17th. Hipp hipp hurra for Syttende Mai !

SYTTENDE MAI, 1943

This speech was delivered by Norwegian Consul Christen A. Stang at the 17th of May celebration in Seattle in 1943, which was held at Norway Hall in downtown Seattle.

When I am bringing a greeting from Norway and Norwegians today, it is a greeting from a people whose brutal force has divided in two- those outside and those in Norway- in occupied territory. The unhesitating and determined resistance which immediately was offered the invaders more than 3 years ago made it possible for those outside- mainly the Norwegian Merchant Marine to reorganize and continue under the Norwegian flag in the war effort. From my own experience I can tell you that the ships on Puget Sound were under way, some in a couple of days and all in less than a week after the invasion.

The Norwegian Merchant fleet at that time involved more than 1000 ships and was by a British authority estimated to be worth the fighting value of one million men. Many of those ships are no more. About 50% have been lost, but fortunately a large percentage of the crews have been saved. On the other hand we have the report that one Norwegian ship recently completed her 51st trip from the east coast to England mostly without convoy, and had delivered 350,000 tons of cargo.

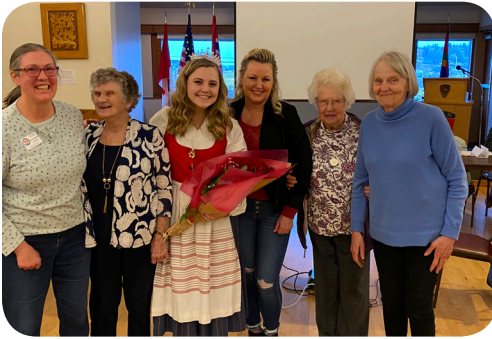
Of our outside activities must also be mentioned the magnificent Norwegian Air Force, that now has returned to Germany the bombard dropped over Norway with lots of interest. We also have a very active navy, and an Army that impatiently is waiting to transfer their activities to the home soil. Last, but not least, we must think of our friends and relatives in Norway, who form what we call the home front. We know they are fighting with every means at their disposal, and I will just quote a few lines from a message they sent to King Haakon on his birthday:

"The Norwegian front has one line of action and only one. We have chosen to live or die in a fight for our native land, and there can be no thought of compromise. This line of action of our Norwegian home front is independent of any aid from our Allies, yes even of the war's outcome. Let it be said today: The Norwegian home front will never give in".

On behalf of all these Norwegians- both inside and outside Norway- I wish to say thank you- to you with Norwegian blood who are arranging this affair and to our friends that are here to honor Norway and make the affair a success. I like to leave with you this message: While the Norwegians are hopeful and can see some lights now, they are still facing the cruelest reality and deprived of everything you think a necessity. They shall, however, continue to throw in everything for common victory and freedom, and they are depending on you to do the same.

Submitted by LEL Historian, Christine Anderson

HERITAGE DAY AND LEL FUN



LEL Nurse Corps: Kathleen, Valborg, Karissa, Karissa's Mom, Kari and Helge



Pølse Peddler (Laurie)



Leikarringen Dancers Ken Sheila PaulBill Boyd playing Fiddle



Ariane Westin-McCaw and family



Dawn Lee Wood Carver



Pat Smaaladen Rosemaler



Singers Dancers Musicians Runners



Adam and Friend Hei Skal !



Magne Erga -Official Heritage Day Greeter



Norna Ladies-Karen and Judy



Leif to Leif Support Crew



Evelyn Elliott



Expert Lefse Rollers Are we done yet



Official Lefse Baking Team Bernice Janet Theresa Jan and Terry



Flags at Norway Park Norge USA Ukraine