



Sons of Norway | Leif Erikson Lodge 2-001 | Spring Greetings | Vårhilsener 2025

Hilsen fra Presidenten

We have had a great start to the new year. At our first membership meeting on February 12th, we had a delicious dinner prepared by Acorn catering, and the hall looked so beautifully decorated for our Valentine celebration.

Unfortunately, we did not get to see Theresa and Gleb perform live because Gleb came down with Covid, but thanks to Theresa, we saw a video of them dancing in a competition. They were so graceful and elegant. Tusen takk for sharing.

Afterward, Beth Kolle held a workshop teaching us to dance the waltz. Most of the present people stepped up, and we all had so much fun waltzing around. I quickly learned how this incredible group can get together and improvise, recognizing we are here to have a good time.

On the third of February, we hosted the D2 ski race at Trollhaugen, and our lodge took home several medals. Congratulations to our winners!

Several events are coming up. The Vikingen, our e-News, and our website have our calendar of events, so please check regularly.

Kaffestua continues to be open on Wednesdays, Fridays, the First Saturday, and the third Sunday.

On Sunday, February 23rd, Leikarringen will celebrate their 65th Anniversary with an event at the Lodge.

Fly Fishing training will be on Wednesday, February 26, from 2 AM - 4 PM at the Lodge.

At our Membership Meeting on March 12th, our main speaker will be the Honorary Norwegian Consul, Viggo Forde.

There will be a short introduction to Crossings 200 by Lori Ann Reinhall. You have probably already heard the term Crossings 200. This year, there are events in Norwegian communities all around the country celebrating the first recorded history of Norwegian immigrants arriving in America. Please join us and learn more about the activities planned around this event throughout the year.

March is our heritage month, and our Annual Heritage Day will be on March 22nd (Chairperson Gail Engler) with our "Fun Run" at 9 AM hosted by Seth Maristuen and Kathleen Lange.

The Lodge will open the doors at 9:30 am so you can help greet the runners as they return. The Lodge will be open until 3 pm, serving pølse med lompe (hot dogs), sandwiches, rømmegrøt, and sweet delicacies. There will be demonstrations for baking and crafts, and throughout the day, there will be music and dance performances. We look forward to seeing you there.

I am enjoying getting to know our board members and all of you who come and enjoy the Lodge better. The Lodge is a great place to meet new and old friends and members, and I will do everything I can to ensure this community will continue to be an excellent place for all of us to enjoy. Thank you for trusting me to be your President.

We have a great team of volunteers who do a fantastic amount of work at all our various events. They are so appreciated.

However, we now have five vacant board seats, so please consider taking on a board position so we can continue to bring interesting programs and events to the Lodge.

Tusen Takk!
Anne-Lise Berger
President
Leif Erikson Lodge 2-001

Membership Dinner and Meeting

12 March 2025 | Wednesday

Vår Arv | Our Heritage

Social 5:30 PM | Dinner 6:00 PM | Program 6:30 PM

Business Meeting 7:30 PM

Lori Ann Reinhall will discuss Crossings 200, the year-long event commemorating the beginning of Norwegian emigration in 1825. Norwegian honorary consul Viggo Forde will give our keynote on Norwegian heritage.

Meny | Menu: *Baked Cod* topped with lemon, herbs, and boiled potatoes. **Vegetable Trio:** cauliflower, carrots, and broccoli. **Salad:** Spinach and arugula salad with beets topped with goat cheese and a balsamic vinaigrette dressing. **Desert:** Karamellpudding.

\$25.00 for dinner. **Please RSVP by noon on Monday, March 10th. 206-783-1274.**

Additionally, we're looking for more regular volunteers for our membership dinners! This is a great way to get involved in the lodge. If you want to help with the technical aspects, such as microphones and the project, assisting the cultural director in decorating the tables, making coffee and setting up the hot drinks table, or event breakdown, please fill out this form:

<https://forms.gle/yeC3aiFLHcEkDC7b6>

(And yes, this would count for high school community service hours)



Indigenous Land Acknowledgment

Leif Erikson Lodge acknowledges our lodge stands on the traditional land of the first people of Seattle, the Duwamish people past and present, and honors with gratitude the land itself and the Duwamish people.

Leif Erikson Lodge Officers 2025

President: Anne - Lise Berger / alberger49@gmail.com

Vice President: Kenneth Bartanen / kbarten@msn.com

Counselor: Vacant

Social Director: Vacant

Secretary: Eva Phillips / evamariephillips@gmail.com

Asst. Secretary: Vacant

Financial Secretary: Wendy Forselius / wforselius@yahoo.com

Treasurer: Theresa Nilsen / pearcity@comcast.net

Cultural Director: Petter-Anne Hutchings / pa.hutchings@icloud.com

Publicity Director: Vacant

Membership Secretary: Wendy Forselius

LEL.memberships@gmail.com

Musician/Sports Dir: Kathleen Lange / tatter59@me.com

Foundation Director: Jerry Thorsen - jthorthor@gmail.com

Asst. Musician: Beth Kollé / bethkollé@comcast.net

Youth Director: Armand Luzak / armandluzak@gmail.com

Librarians:

An-Magrith Erlandsem / an.magrith@gmail.com

Diana Malone / maloned10@gmail.com

Historian: Christine Anderson 206-784-6181

LEL Educational Foundation: Lorie Lind & Jessica Apodoca

leleducationalfoundation@gmail.com

Sunshine Committee:

NORNA

Judy Gray & Chris Heins

LEIKARRINGEN

President Sheila Bartanen.

LEIF ERIKSON BUILDING ASSOC.

President Daniel Nye / danielnye@seanet.com

Trustees

Gail Engler

Sandra Conry

Chris Varnes

LERA - Norway Park Lodge Reps.

LERABoard@NorwayPark.net

LEL Lodge Rep. An-Magrith Erlandsen

LEL Lodge Rep. Erik-Bjarne Witzøe

LEL Lodge Rep. Doug Warne

SON Lodge-Financial Benefits Counselor: Bill Nelson / 425-784-6433

Sons of Norway Cultural Mission:

Promoting and preserving the heritage and culture of Norway and other Nordic countries. Leif Erikson Lodge is committed to complying with this mission in all that we do.

Vice President's Message

Thanks for a fantastic month with our new officers and board members. There have also been new members who have brought some great energy to the lodge. I am starting a membership committee team. If you are interested, please get in touch with me via email or the next time you see me. I look forward to talking with you.

Thank you to all who have been and are currently board members and officers. We appreciate everyone who steps up to help in any way they can, whether as officers, board members, or volunteers, for all our special lodge events. We are truly grateful for this support, which keeps our lodge running smoothly. Plans for Heritage Day are progressing, and just as the lodge relies on volunteers, so do our special events. This is an official invitation for volunteers to consider assisting in various areas. Don't hesitate to contact chairperson Gail Engler if you are interested in the Fun Run, kitchen and food preparation and delivery, setup, takedown, cleanup, or any other areas that interest you. Gail has the list of leads for all the areas and can connect you with the person leading each section. Volunteering benefits the lodge, but working together is an excellent way to get to know fellow members and build friendships. This is an excellent opportunity for us to celebrate our Norwegian heritage and showcase it to the larger Ballard and Seattle community.

Tusen Takkt!

Ken Bartanen



New Phone Number, Email or Address?

Let us know! Email Wendy at LEL.memberships@gmail.com. Or go to the SON website - www.softn.com and update your Member profile. Please remember to forward your mail if you are gone for a longer time period. If you have a new email, contact the office at leiferiksonlodge@qwestoffice.net.

Vikingen

Leif Erikson Lodge No. 2001 Sons of Norway 2245 NW 57th Street, Seattle, WA 981073134 **Business Manager:** Gail Engler **Co-Editors:** An-Magrith Erlandsen and Erik Bjarne Witzøe **Phone:** 206-783-1274 **Web page:**

www.LeifEriksonLodge.org **Email:** leiferiksonlodge@qwestoffice.net **Email:** LEBArentals@qwestoffice.net **Membership Meetings:** 2nd Wednesday beginning at 7:30 pm Deadline for Vikingen is Saturday following Membership meeting. The Vikingen has been published since 1945. Leif Erikson Lodge was founded on May 13, 1903.

You can sign up to receive the Vikingen via email. If you prefer to receive a hard copy newsletter let us know at leiferiksonlodge@qwestoffice.net or call the LEL office and leave a message; 206-783-1274.

Not receiving the e-news? Sign up for e-news by emailing leiferiksonlodge@qwestoffice.net. This email comes out several times a month and provides an update to Lodge events and activities, as well as links to the Vikingen, renewing your membership and volunteering at the Lodge.

Troll Saga

NORWAY PARK NEWS



Nyheter fra Norway Park!

By Erik Bjarne Witzøe

March is when the fullness of nature comes out of winter's slumber. Norway Park is the best place to see the budding and blooming trees and plants, showing the fresh colors of spring coming alive, but unfortunately, seasonal allergies are as well.

Leif Erikson Recreation Assoc. Stockholder's Meeting for 2025

Filling the Leif Erikson Lodge with LERA stockholders commenced on Sunday, the 16th of February; the annual meeting started around 1 PM after a quorum was confirmed.

The 2025 budget for Norway Park passed with a healthy margin. A bylaw revision also passed with 100% approval. **Article V** states that the salaries and compensation, if any, of all officers of the corporation and the salaries of all employees shall be fixed by the stockholders at each annual stockholders meeting. However, directors may be reimbursed for expenses incurred while performing corporate duties using generally accepted accounting principles.

After a brief refreshment break (manage takk to Marilyn Tangen and volunteers for the spread of appetizers), Three candidates were selected by stockholders and voted in by ballot. Velkommen to the board, **Bjørn Lunde** (3 years) **Nils Qvigstad** 3 years) & **Charles Hinton** (1 year), departing the board, will be **Madeline DeLia**, who has served as current President, **Arne Voie** - Treasure and **Linda Sørensen** - Briggs Lower Park.

Norway Park Garage & Craft Sale at The Berg Pavilion

Saturday, 10th of May, 9 AM to 3 PM
23998 Pavilion Drive, Mount Vernon, WA 98274

Take I-5 north to exit 221 and go east on SR 534. Follow for 5 miles (8 Km) until you reach SR 9. Turn sharp left onto SR 9 and follow for 0.9 miles (1.45 Km). A right turn onto Pavilion Drive and follow down the hill to the entrance gate.

Cabin 59 is available for sale; interested? call 425-422-3509



LERA Board Members at the annual 2025 Stockholders Meeting

Leif Erikson Recreation Association Contacts for 2024

LERA - Norway Park

22128 State Route 9 Lot 220
Mount Vernon, WA 98274
(Pavilion: 24020 Pavilion Drive)

Norway Park Website: www.norwaypark.org
Craig & Olga Miller Craig@nextidea.io Olga@nextidea.io

Caretaker: Michael Kojetinsky 360-919-3473
Office Manager: Berit Smith OfficeManager@NorwayPark.net
Pavilion & Bekkestua Rental: Berit Smith 360-820-2625

President: Madeline DeLia - LERAPresident@NorwayPark.net
Vice President: Greg Rasmussen - LERAVicePresident@NorwayPark.net
Secretary: An-Magrith Erlandsen - LERASecretary@NorwayPark.net
Treasurer: Arne Voie - LERATreasurer@NorwayPark.net
Financial Sec: Grace Schroder - LERAFinancialSecretary@NorwayPark.net
Caretaker Liaison: Tom Zabriskie - michelle.zabriskie@gmail.com
Lower Beach Liaison: Linda Briggs - Lindabriggs83@live.com
LEL Lodge Rep. An-Magrith Erlandsen - LERASecretary@NorwayPark.net
LEL Lodge Rep. Erik-Bjarne Witzøe - LERABoard4@NorwayPark.net
LEL Lodge Rep. Doug Warne - dwarne3400@aol.com

The Norwegian Ladies Chorus of Seattle
Scholarship Fundraiser
Sunday, March 30, 2025
4 p.m. Social and Silent Auction
5:30 - 8:30 pm. Dinner and Entertainment

Thrill to the Tunes of Ballard High School's Vocal Jazz Ensemble

Culinary delights from our Nordic kitchen await.....fresh fish, Scandinavian meatballs with lingonberry sauce, salad, dessert and a no-host bar. Silent auction followed by a Live Auction with Auctioneer Extraordinaire, Tim Hunter, plus a raffle you won't want to miss.

Leif Erikson Lodge in Ballard
2245 NW 57th St.

Enjoy Timeless Melodies from our chorus and the Solje Sisters

Tickets are \$40. for dinner and entertainment. The majority of proceeds benefit NLC's Scholarship Fund. For reservations, please contact Nancy Hiraoka, nan.gran@comcast.net (206) 498-9693.

Velkommen til Kaffestua



Hilsen fra Kaffestua!

We will be open all Wednesdays and Fridays in March.

1st Saturday Kaffestua will be **March 1st** and
3rd Sunday Kaffestua will be **March 16th**

Our hours are 10am-2pm

**We look forward
to
seeing you!**



Calling all Kaffestua Workers!

Please join us for a much needed **volunteer meeting March 14th at 2 pm**. We will be discussing Kaffestua business, playing a game with prizes and having some goodies to eat.

Please join us for this meeting as it's been a long time since we have had one! It's good to touch base, share successes, ideas etc.

Before the meeting, please login to **Washington Dept of Health** and make sure that your **"Food Worker Card"** is **current**.

If it is not, please complete the retraining and bring your completed card and your receipt for \$10 and we will reimburse you at the meeting.

We need copies up on the board for everybody.



Laurie and Lisa



LEIKARRINGEN LIAISONS

The main focus of the last two months has been preparing for our **65th Anniversary** of our founding which was held at the lodge February 23rd. Everyone in LKR stepped up to help in every way for this event. At the time of this writing we have 130 people signed up to come.

We are grateful to all who performed to make this day so special. Thanks go to the **Norwegian Ladies Choir**, Jakob Bean on accordion, **Barneleikarringen** and their wonderful parental support team, Six Feet Back Band and Hale Bill and the Bopps. We are also grateful for several lodge members who volunteered to support us.

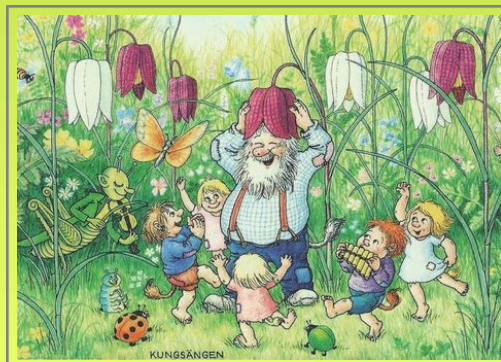
LKR members were seen setting up, cleaning up, cooking, serving, baking fabulous desserts, kitchen work as well as dancing for our own performances. We also worked to contact past members, publicize the event, work on the program and make printed copies.

We also thank everyone who joined us to celebrate.

Leikarringen is part of the larger Nordic music and dance community in Seattle and by coming together we are all stronger to support our present and the future.

In addition to all of the above activities we continue to practice dancing to retain and learn new dances for upcoming performances, two of which are in March.

We will be dancing at our own lodge **Heritage Day March 22nd** and we are guest performers for the **Bothell Lodge Heritage day on March 1st**.



We look forward to both these events!

*- by Sheila Bartanen,
LKR President*



Et Skrik Gjennom Kultur

Hvordan ble Edvard Munchs "Skriket" et av verdens mest kjente motiver? En kveld mot slutten av 1800-tallet ruslet Edvard Munch sammen med to venner på Ekeberg (i utkanten av Oslo) da han plutselig ble overveldet av motløshet. Han lente seg mot et gjerde og var 'dødstrøtt'.

Han ble der mens vennene hans gikk videre, og fortalte hvordan:

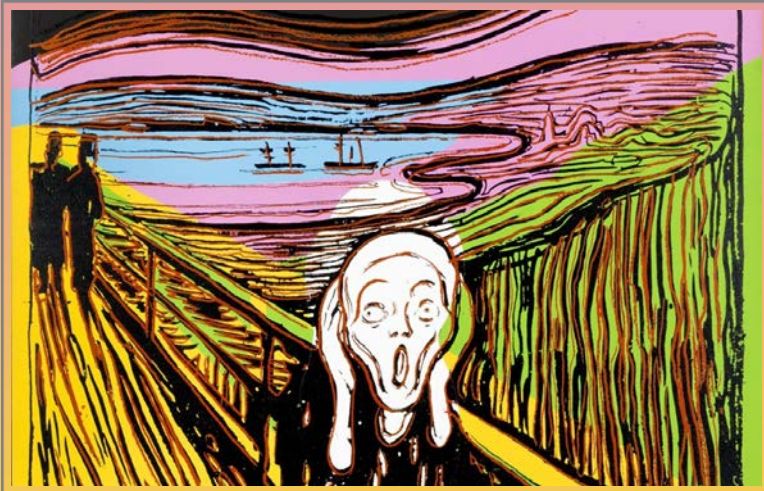
'... ristet av Angst - jeg kjente det store skriket i naturen.'

Denne dypt personlige opplevelsen ville inspirere til et av de mest kopierte, karikerte og kommersialiserte bildene i den moderne verden:

"The Scream"

Munch gjorde flere forsøk før han kom til denne kjente skikkelsen. Hans første skisser viser en elegant kledd mann som stirrer utover fjorden med en luft av melankoli. Gradvis blir figuren mer anonym og kjønnsløs, både universell og ikke-menneskelig, før den vender seg mot betrakteren i sin distinkte positur. Det uspesifikke utseendet til det endelige motivet tillater alle, uavhengig av alder, kjønn eller kulturell bakgrunn.

Alle gjenkjenner noe av seg selv i Skriket.



Andy Warhol: The Scream (After Munch), 1984. © The Andy Warhol Foundation for the Visual Arts. Photo: Sparebankstiftelsen DNB.

Edvard Munch har laget mange versjoner av Skriket, en er et maleri på papp og henger på Statens kunstgalleri i Oslo, to pastell på papir og en litografi henger på Munch-museet i Oslo. Det er to versjoner i private samlinger også.

Den nye og meget fantastisk Munch Muset åpnet i Oslo i 2021 og har verdens største samling av Munchs kunst. Hvis du skal til Oslo må du selvfølgelig besøke den!

Join us for Norwegian Heritage Day

Join us for this year's Heritage Day/Tastes of Norway at Leif Erikson Lodge on Saturday, March 22, 2025, from 9:30 AM to 3:00 PM. We will start the day with our annual Leif to Leif 5km Run/Walk through Ballard, from the Lodge, down to the waters of Shilshole Bay, and back. Honor our lodge namesake with us by joining in the fun! This is a family-friendly event for all ages. Top finishers will receive prizes, and all runners will receive a free treat. Sign-up for the Fun Run is available now at RunSignUp.com. Search for Leif.

Stick around after the run for our Tastes of Norway and enjoy live Scandinavian music and other Nordic Heritage demonstrations. Norwegian foods such as pølse med lompe, smørbrød, rømmegrøt, are on the menu. And check out the bake sale -Verden's Bestekake, Bløtkake, Norwegian cookies - oh my!

Entertainment includes Sølje Sisters, Leikarringen, Barneleikarringen, Skandia Kapell, and the famous Bunad Parade. Demonstrations of rosemaling, woodcarving, weaving, Viking jewelry, vaffler, goro, Kransekake, and more. A Genealogist and children's activities will also be available. Don't forget the Aquavit tasting and pickled herring contest-free parking at Banner Bank for event attendees. Volunteers are wanted for all aspects of the event! Call the LEL office to volunteer. 206-783-1274. See the Leif Erikson Lodge website's Events page -leiferiksonlodge.org- March Vikingen and your e-news! See you there!

Leif Erikson Lodge
NORWEGIAN HERITAGE DAY
 22 MARCH 2025 | SATURDAY | 9:30 AM - 3:00 PM

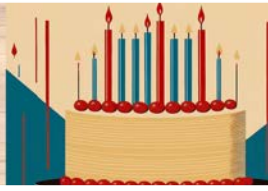
A Bake Sale - "Take a bite of Norway Home"
 Nordic Cookies • Vaffler • Verdens Beste Kake • Bløtkake • Krumkake
 Mini Kransekake • Special pressed patterned Goro & Strandabakkel

Nordic Entertainment! Enjoy classic Scandinavian live music with local bands.
 Traditional Bunad Parade in the afternoon!

Leif to Leif 5K Fun Run
 Starts and ends at Leif Erikson Lodge | Registration: \$20-adult \$10-age 13-18
 Register & Check in Begins at 8:00 AM, Run at 9:00 AM, Awards Ceremony - 10:15 AM
 Register Online - www.RunSignUp.com

Leif Erikson Lodge - 2-001 | Sons of Norway, 2245 NW 57th Street, NW Seattle, WA 98107
 PH 206.783.1274 | www.LeiferiksonLodge.com | E-MAIL: Leiferiksonlodge@qwestoffice.net

Gratulerer med Dagen!



March Birthday Greetings

Happy Birthday to all our members with March Birthdays!

Elaine E., Annalisa F., Malin J., Lucy J., Emily K., Terry L., Delmar L., Erika L., Mark L., Samuel P., Peter N., Alyssa S., James S., Meg S-T., Melissa S., Terry T., Steve V., Joseph V., Gus V., Cody W., Wayne W., Greta Z., Jeanne Z.

Our youngest members are;

B., Blakeley B., Will D., Solveig H., Adelaide H., Lucia J., Harrison J., Michael K., Nicholas K., Dag K., Kenyon M., N., Charles P., Espen P., Jackson P., Harper T., Mari W.,

Our senior members are;

Diane A., Norman A., Caroline C., Turid E., Richard E., James E., Mary F., Anna J., Dennis J., Ozmund K., Emily K., Kerstin L., Carole N., Aase O., Russell O., Heidi R., D Paul S.,

Our most senior member this month is;
Magne E.,



We're sorry we can't list all the Birthday celebrants as there is just not enough room in our newsletter!

Gratulerer med dagen!

In 1928, in Nesbyen in Hallingdal in Viken County, Norway, postmaster **Ditlef Frantzen** established **Tuberkulosearbeidets Frimerkeforretning** ("Tuberculosis work's postage stamp business"), abbreviated **TUBFRIM**. Its task was to **collect and sell used POSTAGE STAMPS** with the proceeds going to aid the eradication of tuberculosis among Norwegian children. In 1929, the organization showed its first profit of NOK 1,500. Since then, profits have risen steadily, in all adding up to NOK 23 million. Today, the charity is owned by **Nasjonal-foreningen for folkehelsen** with its profits used to help children and young people with disabilities and serious illnesses. **BRING YOUR STAMPS to the Leif Erikson office. Include your name, address and phone number. Save at least 1 pound; stamp's will be delivered to District 2 for inclusion in drawing at the next convention.**

TUBFRIM is still located in Nesbyen, where it was founded, address:

TUBFRIM P.O. Box 13541 Nesbyen, Norway
Website at www.tubfrim.no, in English at www.tubfrim.no/subdet9.htm.



Sports News

Looking for Volunteers for the Leif to Leif Fun Run at Heritage Day March 22.

Set up help starts at 8:00 am, registration starts 8:30, crossing guards along the route by 9am, and of course clean up afterwards! If you don't want to get up that early we also need a waffle maker and volunteers to distribute after the race.

The race is open to all, and online registration will be posted soon.

Don't forget about **Sport Medals: Walking, swimming, bicycling and skiing and more!**

Contact Kathleen tatter59@me.com

NEW APPLICATIONS Voted in 2/12/25

- William R Thorness
- Isabel Bartholomew
- Kerri Marie Scott
- Wren Louise Haaland
- Timothy Garry Everson
- Thea Lark Everson
- Erik Martin Everson
- Ingvil Syversen
- Adam Michael Kriefall
- Eldbjorg Syversen

TRANSFERS

- DJ Wilson
- Karianna M Wilson
- Karsten Wilson
- Annika Wilson
- Nidia Alire-Hilton
- Inger Molver Lemke

REINSTATED as of 1/31/25

- Russell Einan
- Raymond A Eriksen
- Jo Ann Ashley Thostenson

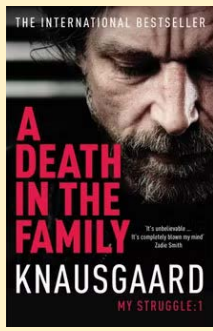
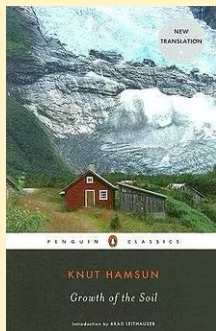
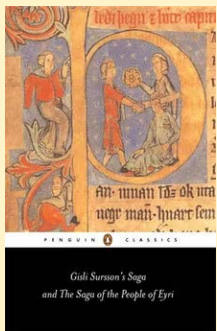
OBITUARIES

- Carol Cassinelli
- Svea Karlsen
- Ann Ringstad



Norwegian Authors to Read

Norwegian literature is a rich and diverse body of work that reflects the country's history, culture, and stunning natural landscapes. From the sagas of the Middle Ages to modern-day fiction, Norwegian literature has been shaped by its unique landscape and the experiences of its people. Norwegian authors recommended on Five Books include 2023 Nobel Prize for Literature winner **Jon Fosse**, the 19th-century playwright **Henrik Ibsen** and other modern authors like **Karl Ove Knausgård**. Norwegian crime writing—authors like **Jo Nesbø**, and **Karin Fossum**—are particularly popular in the English language. A work of philosophy for young adults, *Sophie's World* (1991) by **Jostein Gaarder** was and continues to be an international bestseller, recently turned into a graphic book. As well as classic favorites by **Knut Hamsun**, and the translations of the **Gisli Surrsson Saga** by various authors.



We hope to add to our contemporary Norwegian literature section in our library. If you have any recommendations or donations please contact the librarians;

An-Magrith and Diana at leiferiksonlodgeliibrary@gmail.com

*The library will be open during Kaffestua
First Saturday and Third Sunday 10-2pm*

-An-Magrith Erlandsen

YOUTH EVENTS

We Want to Hear from You!

Share Your Ideas for Youth Events

Dear parents, families, and youth,

We're reaching out to invite you to take part in a brief survey designed to gather your input on the kinds of cultural and language events you'd like to see for children and families at the lodge.

Your feedback will help us create this year's programming.

Two Surveys Available:

- Parent/Community Member Survey: Share your thoughts on behalf of the children in your life.
<https://bit.ly/2025foreldre>
- Youth 13+ Survey: Directly for young people to share their personal preferences and ideas.
<https://bit.ly/2025ungdom>

Please take a few minutes to complete the survey(s) and help us shape the events that best serve our community.

Thank you for your time and input!

Tusen takk,

Armand Bélec-Luzak & Petter-Anne Hutchings



On sale in April, the annual Syttende Mai pin for 2025. Designed by LEL Member Erik - Bjarne Witzøe.

Norwegian Ladies Chorus of Seattle



www.nlcofseattle.org
NEW SINGERS WELCOME

Rehearsals: Tuesdays 7:15 - 8:45pm

At Leif Erikson Lodge, 2nd Floor

Joseph To, Director

Contact: norwegianladieschorus@gmail.com

Renewing and preserving our Norwegian Heritage through song since 1936



TENOR / BASS VOICES
JOIN THE LONGEST-STANDING CHORUS IN SEATTLE

REHEARSALS MONDAYS AT 7PM

LEIF ERIKSON LODGE: 2245 NW 57TH ST. SEATTLE, WA 98107 • WWW.SEATTELMANNSKOR.ORG

MEASURING OUR SUCCESS
BY YOUR SUCCESS.



BALLARD 206.397.3110
2244 NW 56th St., Seattle, WA 98107





SONS of NORWAY

LEIF ERIKSON LODGE 2-001
2245 NW 57th Street Seattle, WA
98107-3134

Address Service Requested

Non - Profit Org.
U.S. Postage
PAID
Seattle, WA
Permit #672

Please notify Wendy Forselius of any changes in Name, Address, or Phone Numbers. Please also let her know of a death of a family member LELmemberships@gmail.com

Leif Erikson Lodge Calendar February-March 2025

- 01 Mar. - Sat. First Kaffestua 10 AM - 2 PM / Library open
- 01 Mar. - Sat. Leikarringen at Bothell Lodge Heritage Day
- 05 Mar. - Wed. LEL Board Zoom Meeting 7 PM
- 11 Mar. - Tue. LERA Board Meeting at 6 PM - LEL Kaffestua
- 12 Mar. - Wed. Membership Dinner Meeting, doors at 5:30 PM
- 14 Mar. - Fri. Volunteer meeting for Kaffestua 2 PM
- 16 Mar. - Sun Third Sunday Kaffestua 10 AM-2 PM / Library open
- 22 Mar. - Sat. Leif Erikson Lodge HERITAGE DAY, see the advert. Leif 2 Leif 5 Km run
- 28 Mar. - Fri. Reminder for students and children: the Leif Erikson Lodge Educational Foundation scholarship applications are due by March 28! You will find applications at: <https://www.leiferiksonlodge.org/scholarships>
- 30 Mar. Sun. The Norwegian Ladies Chorus at Leif Erikson Lodge (see ad for details)

Ballard Health Club Silver Sneakers class meets at LEL Mon, Wed and Friday, 10:00 AM - 11:00 AM. Contact Marianne for details. marianne@ballardhealthclub.com
Exercise class lead by Audrey in main hall Wednesdays 11:15 AM 12:00 PM. 1st class free, \$5.00 after that. LEL Zoom information: <https://us04web.zoom.us/j/9155821189> Meeting ID: 915 582 1189; Dial in by Phone: 1 (253) 2158782.

Please check the LEL website, e-news and Facebook for updates to the Lodge calendar and activities. www.leiferiksonlodge.org
Facebook <https://www.facebook.com/groups/LeifEriksonLodge>

**LEIF TO LEIF
5K FUN
RUN**

MAR 22 MAR 22

Saturday, March 22nd - 9am
Starts and ends at Leif Erikson Lodge
Registration: \$20/adult, \$10/age 13-18
Registration/Check in Begins at 8:00 am
Awards Ceremony ~ 10:15 am

Register at
RunSignUp.com