



Sons of Norway | Leif Erikson Lodge 2-001 | Ja vi elsker dette landet! Gratulerer med dagen Norge, 17.mai 2025

## Hilsen fra Presidenten

Thank you to all the volunteers who helped make Heritage Day another successful event at our Lodge. The Fun Run was attended by about 160 people in all age groups. Many awards were given, and we were happy to see attendees come into the lodge for refreshments after the run.

Our April membership meeting was very well attended. Our keynote speaker was Amy Swanson King, a PhD student at UW, who talked to us about the Sami joking traditions, and we got to listen to some excellent joking. In keeping with our theme of Crossings 200, we got to watch a short video by Christine Anderson. Then, we had the presentation of our Past Presidents, and after that, Christine Anderson presented all the scholarship winners for this year, and our Queen and Princess were crowned.

Our next membership meeting will be on the 14th of May, just a few days before our big day on the 17th (look for more info in this issue). Christine Anderson will give a presentation about the original constitution and the cause for religious persecution that made people leave Norway for America in the early 1800s. We will also watch a beautiful video about Norway while listening to all eight verses of our National Anthem. Our dinner will be fiskekaker (fish cakes). The Man and Woman of the Year will be announced at this meeting, and then membership anniversary pins will be presented to LEL members. Attending on the 14th Membership Meeting is also imperative, as we will review the proposed Bylaw changes and then vote on them by LEL membership in attendance.

We have the June meeting all planned. Following the Crossings 200 celebrations, this will be the day we are getting ready to launch the sloop Restauration. A replica has been built in Norway and will leave Stavanger on July 4th this year to recreate the original journey. We will talk about preparations for this 3-month journey. Our keynote speaker is retired Associate Professor Katherine J. Hanson, Scandinavian Department at UW. Our meal will be a smørgåsbord and will be prepared by our members, featuring as much of the original food as possible that they brought with them on the Restauration, and the cost will only be \$10. I hope you will be able to join in this fun, interactive evening, which will prepare us for the actual arrival of the new Restauration in New York on Leif Erikson Day, October 9th, 2025.

I am pleased to inform you that we installed our new Publicity Director, Isabel Bartholomew, at the last meeting and welcome her to our board. A big thank you to all who filled that position over the previous few months.

Ha en god 17.mai! Vi sees!  
**Anne-Lise Berger**  
 President  
 Leif Erikson Lodge 2-001



## Membership Dinner and Meeting

14th of May 2025 | Wednesday

**Social 5:30 PM | Dinner 6:00 PM | Program 6:30 PM**  
**Business Meeting 7:30 PM**

### Program: Syttende Mai & Bylaws Membership Vote

- Christine Anderson, LEL Historian, will present the original history of the Norwegian Constitution.
- Man & Woman of the Year for Leif Erikson Lodge, each will receive a special certificate.
- Bylaw review proposed updates and voting by Leif Erikson Lodge members; your presence is imperative for this crucial vote.

Our catering company, Acorn, will serve the following...

**Menu / Meny: Fiskekaker** served with potatoes and brown gravy, accompanied by a cucumber salad or mixed green salad, with a choice of dressing, vinaigrette, or blue cheese—assorted rolls with butter, and spice cake topped with cream cheese icing for dessert.

\$25.00 for dinner. **Please RSVP by noon on Monday, 12th - 206-783-1274.**



## Indigenous Land Acknowledgment

Leif Erikson Lodge acknowledges our lodge stands on the traditional land of the first people of Seattle, the Duwamish people past and present, and honors with gratitude the land itself and the Duwamish people.

## Leif Erikson Lodge Officers 2025

**President:** Anne-Lise Berger / [alberger49@gmail.com](mailto:alberger49@gmail.com)  
**Vice President:** Kenneth Bartanen / [kbarten@msn.com](mailto:kbarten@msn.com)  
**Counselor:** Vacant  
**Social Director:** Vacant  
**Secretary:** Eva Phillips / [evamariephillips@gmail.com](mailto:evamariephillips@gmail.com)  
**Asst. Secretary:** Vacant  
**Financial Secretary:** Wendy Forselius / [wforselius@yahoo.com](mailto:wforselius@yahoo.com)  
**Treasurer:** Theresa Nilsen / [pearcity@comcast.net](mailto:pearcity@comcast.net)  
**Cultural Director:** Vacant  
**Publicity Director:** Isabel Bartholomew  
**Membership Secretary:** Wendy Forselius  
[LEL.memberships@gmail.com](mailto:LEL.memberships@gmail.com)  
**Musician/Sports Dir:** Kathleen Lange / [tatter59@me.com](mailto:tatter59@me.com)  
**Foundation Director:** Jerry Thorsen - [jthorthor@gmail.com](mailto:jthorthor@gmail.com)  
**Asst. Musician:** Beth Kollé / [bethkollé@comcast.net](mailto:bethkollé@comcast.net)  
**Youth Director:** Vacant  
**Librarians:**  
 An-Magrith Erlandsem / [an.magrith@gmail.com](mailto:an.magrith@gmail.com)  
 Diana Malone / [maloned10@gmail.com](mailto:maloned10@gmail.com)  
**Historian:** Christine Anderson 206-784-6181  
**Leif Erikson Lodge Building Association**  
**President:** Daniel Nye / [danielnye@seanet.com](mailto:danielnye@seanet.com)

**Trustees:**  
 Gail Engler  
 Sandra Conry  
 Chris Varnes  
**LEL Educational Foundation:**  
**President:** Heidi Ludeman  
**Secretary:** Jessica Olsen - Apodaca  
**Treasure:** Lorie Lind  
**Trustee:** Christine Anderson  
**LEL Rep:** Diane Malone  
[leleducationalfoundation@gmail.com](mailto:leleducationalfoundation@gmail.com)

**NORNA**  
 Judy Gray & Chris Heins  
**LEIKARRINGEN**  
**President** Sheila Bartanen.  
**LERA - Norway Park Lodge Reps.**  
[LERABoard@NorwayPark.net](mailto:LERABoard@NorwayPark.net)  
**LEL Lodge Rep.** An-Magrith Erlandsen  
**LEL Lodge Rep.** Erik-Bjarne Witzøe  
**LEL Lodge Rep.** Doug Warne  
**SON Lodge-Financial Benefits Counselor:** Bill Nelson / 425-784-6433

### Sons of Norway Cultural Mission:

Promoting and preserving the heritage and culture of Norway and other Nordic countries. Leif Erikson Lodge is committed to complying with this mission in all that we do.

**SYTTENDE MAI**

*Leif Erikson Lodge*  
**SYTTENDE MAI OPEN HOUSE**  
 17TH OF MAY 2025, SATURDAY | 11 AM - 3 PM

NORDIC FOOD OPTIONS | COFFEE | ICE COLD POP & WATER | ENTERTAINMENT  
 FREE ENTRANCE & OPEN TO THE PUBLIC

Leif Erikson Lodge - 2-001 | Sons of Norway, 2245 NW 57th Street, NW Seattle, WA 98107  
 PH 206.783.1274 | [www.LeifEriksonLodge.com](http://www.LeifEriksonLodge.com) | E-MAIL: [LeifEriksonLodge@qwestoffice.net](mailto:LeifEriksonLodge@qwestoffice.net)

### New Phone Number, Email or Address?

Let us know! Email Wendy at [LEL.memberships@gmail.com](mailto:LEL.memberships@gmail.com). Or go to the SON website - [www.sofn.com](http://www.sofn.com) and update your Member profile. Please remember to forward your mail if you are gone for a longer time period. If you have a new email, contact the office at [leiferiksonlodge@qwestoffice.net](mailto:leiferiksonlodge@qwestoffice.net).

## Vikingen

Leif Erikson Lodge No. 2001 Sons of Norway 2245 NW 57th Street, Seattle, WA 981073134 **Business Manager:** Gail Engler **Co-Editors:** An-Magrith Erlandsen and Erik Bjarne Witzøe **Phone:** 206-783-1274 **Web page:** [www.LeifEriksonLodge.org](http://www.LeifEriksonLodge.org) **Email:** [leiferiksonlodge@qwestoffice.net](mailto:leiferiksonlodge@qwestoffice.net) **Email:** [LEBArentals@qwestoffice.net](mailto:LEBArentals@qwestoffice.net) **Membership Meetings:** 2nd Wednesday beginning at 7:30 pm Deadline for Vikingen is Saturday following Membership meeting. The Vikingen has been published since 1945. Leif Erikson Lodge was founded on May 13, 1903.

You can sign up to receive the Vikingen via email. If you prefer to receive a hard copy newsletter let us know at [leiferiksonlodge@qwestoffice.net](mailto:leiferiksonlodge@qwestoffice.net) or call the LEL office and leave a message; 206-783-1274.

Not receiving the e-news? Sign up for e-news by emailing [leiferiksonlodge@qwestoffice.net](mailto:leiferiksonlodge@qwestoffice.net). This email comes out several times a month and provides an update to Lodge events and activities, as well as links to the Vikingen, renewing your membership and volunteering at the Lodge.



# Troll Saga

NYHETER FRA NORWAY PARK



## God Syttende Mai 2025!

By Erik Bjarne Witzøe



Ja vi elsker dette landet! Whether it's the glorious lands of Norway or Norway Park, we love both lands. On Saturday, the 17th of May, Norwegian Constitution Day, is upon us this year on a weekend. While most celebrations are in Ballard, there is a small celebration in the works for the park, a smaller-scale parade, and refreshments. See the Nyheter for updates and details. If you are marching in the parade in Ballard, with the Norway Park parade group, contact Berit Smith at [OfficeMmanager@NorwayPark.net](mailto:OfficeMmanager@NorwayPark.net).

## 2025 Summer Camping Rates for Norway Park

Camping Rates: Tents \$20.00 per night, RV - no hookups \$25.00 per night, RV - with hookups \$30.00 per night. Berg Pavilion Rentals: Stockholders \$200.00 per day, LEL members \$400.00 per day (\$200 refundable deposit)

## May Work Party on the 3rd of May - Saturday

Join the party! (Work Party, that is!) It's time to show some TLC to the upper and lower park with maintenance and updates. Leif Erikson Lodge Members get credits for lower park usage, especially for camping rates. Interested? Contact Tom by email at [Tom.Zabriskie@NorwayPark.net](mailto:Tom.Zabriskie@NorwayPark.net). Date, Saturday, the 3rd - 9 AM - 4 PM.

## Sankt Hans Aften 2025

Sankt Hans Aften (Midsommer) is the 21st of June 2025! An extra special treat this year with performances by Leikeringen, the Norwegian Ladies' Chorus, and Seattle Manskor. These performances will be added to the queue of activities at the lower park. We hope to see the return of the large bonfire by tradition, pending on Skagit County and its potential burn bans.

## Norway Park Rummage & Craft Sale at The Berg Pavilion

Saturday, 10th of May, 9 AM to 3 PM

23998 Pavilion Drive, Mount Vernon, WA 98274

Take I-5 north to exit 221 and go east on SR 534. Follow for 5 miles (8 Km) until you reach SR 9. Turn sharp left onto SR 9 and follow for 0.9 miles (1.45 Km). Take a right turn onto Pavilion Drive and follow down the hill to the entrance gate.

**Cabin 59 is available for sale; interested? call 425-422-3509. Potential buyers must be in current standing with Leif Eriksen Lodge and meet other criteria.**

## Leif Erikson Recreation Association Contacts for 2025

**LERA - Norway Park**

22128 State Route 9 Lot 220

Mount Vernon, WA 98274

(Pavilion: 24020 Pavilion Drive)

Norway Park Website: [www.norwaypark.org](http://www.norwaypark.org)

Craig & Olga Miller [Craig@nextidea.io](mailto:Craig@nextidea.io) [Olga@nextidea.io](mailto:Olga@nextidea.io)



Caretaker: Michael Kojetinsky 360-919-3473

Office Manager: Berit Smith [OfficeManager@NorwayPark.net](mailto:OfficeManager@NorwayPark.net)

Pavilion & Bekkestua Rental: Berit Smith 360-820-2625

President: Bjørn Lunde-Bjorn - [Lunde@NorwayPark.net](mailto:Lunde@NorwayPark.net)

Vice President: Greg Rasmussen - [Greg.Rasmussen@NorwayPark.net](mailto:Greg.Rasmussen@NorwayPark.net)

Secretary: An-Magrith Erlandsen - [An-Magrith.Erlandsen@NorwayPark.net](mailto:An-Magrith.Erlandsen@NorwayPark.net)

Treasurer: Grace Schroder - [Grace.Schroder@NorwayPark.net](mailto:Grace.Schroder@NorwayPark.net)

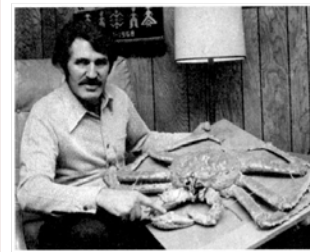
Financial Sec: Charles Hinton-Charles.Hinton@NorwayPark.net

Caretaker Liaison: Tom Zabriskie - [Tom.Zabriskie@NorwayPark.net](mailto:Tom.Zabriskie@NorwayPark.net)

LEL Lodge Rep. An-Magrith Erlandsen-[An-Magrith.Erlandsen@NorwayPark.net](mailto:An-Magrith.Erlandsen@NorwayPark.net)

LEL Lodge Rep. Erik-Bjarne Witzøe - [Erik.Witzoe@NorwayPark.net](mailto:Erik.Witzoe@NorwayPark.net)

LEL Lodge Rep. Doug Warne - [Doug.Warne@NorwayPark.net](mailto:Doug.Warne@NorwayPark.net)



Krabbe som Knut Karlsen fisker på Alaska-kysten om sommeren, er noen svære runder. Denne har han spart på som suverent.



Utvandrer av norsk avfanning tilsider på det norske. Men en grunn viking i plast er kanskje til drøyene laget ...

«Fjellbu», «Solheim», «Kikut», «Tussebo», «Dovreheimen» — navnene skriver seg ikke fra noen hyttegrend i Valdres eller på Blefjell. Navnene lyser mot oss fra hyttene i Norway Park, Washington, USA. Rundt et skogsvann en times kjøring nord for Seattle har en norsk hytteby vokst opp. Initiativtager er snekker Knut Karlsen fra Daelenga i Oslo.

TEKST: TOR FOTO: PHILIP

## HOS KARLSEN I „NORWAY PARK“

Er det ikke akkurat som hjemmet i Norge? sier 73-åringen Knut Norman Karlsen på betrukkent norsk og peker stolt oppover den skogklode lia og det vestre fjellet. Lillemøster Kristina er all på vei ned til stranden for å kjempe på badestovet. Vi er i Norway Park, et lite friluftsparadis i timens kjøring nord for Seattle i staten Washington. Og naturen er sårende lik Østlandet, det er ikke til å undre over at Seattle har så mange innbyggere av norsk herkomst. Men den lille hyttebyen ved McMurray-sjøen er noe enestående i sitt slag. Oppover i lia ligger hytter med norske navn, så tettrett at ikke granskogen er blitt fortregnet, og med på festplannen ved langsgangsporten vaker det norske flagget og det amerikanske flagget side om side.

«Norway Park» er et lite stykke Norge i Washington, og tillitsvaper er Knut Karlsen, snekker fra Oslo som gjorde amerikanske av seg for 24 år siden. Han var president i Seattle-løgen av foreningen «Norsk i Norge» i en foreningsperiode fra 1963, og det var da han fikk ideen til dette feriestedet for norske og norsk-østede.

skrappt sammen penger i forening, en til å kjøpe det store området her opp, sier han, — men ideen ble trukket norsk og peker stolt oppover den skogklode lia og det vestre fjellet. Hittil er det bygd 80 hytter her, men det er planer til nærmere 200 uten at det blir overbefolket.

Hyttene bygges på dugnad, og tanken er at «Norway Park» skal bli et samlingssted for norske og norsk-østede. Og det er i grunnen ikke så merkelig at nordmenn over tjue år har en trang til å huse sammen og til å holde norske tradisjoner ved like.

— Vi som har utvandret, har jo ingen nære tilknytninger å utnytte, sier Karlsen. — Mange er skremt av tanken på en enstemmig utvaldning. Derfor er all lagd til rette for at «Norway Park» kan bli et fast hjem for dem som bygger hytter, berøygner å flytte dit fast om noen år.

(Forts. side 74.)

I løpet av få år har det grodd opp 80 hytter i Norway Park ved McMurray-sjøen, men området er så stort at det er planer til mange flere. Knut Norman og Kristina vil...

Velkommen til Kaffestua!



## Hurrah fra Kaffestua!

We are open **Wednesdays** and **Fridays** in **May 10am-2pm**.

**NO KAFFESTUA on Friday, MAY 16TH**

We will also have **First Saturday Kaffestua** on **May 3rd**

And **Third Sunday Kaffestua** **May 18th** will feature music by Nancy Hiroka who will be playing the accordion!



Second Saturday Social



**YES we have changed the name of Happy Hour**

to

## Second Saturday Social!

We didn't do it because we are no longer Happy, but because there was so much **free social activity fun** that we had to celebrate it! So

Join us **May 10th** for the **Second Saturday Social Hour** with raffle tickets free for those who bring food to share, free get acquainted activities, free games with prizes, and a Free Door prize drawing! **Raffle tickets \$1 each or 6 for \$5.**

And the **dinner** and **2 drinks** cost is still an amazing **\$5.00!**

*So what's not to like?*

Join your fellow lodge members for a social evening at a very low cost and high fun- **Saturday May 10th 5:00 to 8:00pm.**

## LEIKARRINGEN LIAISONS

After very busy preparing, performing, cooking, volunteering times at major lodge events the first three months of the year, April finds LKR practicing for **upcoming performances in May and June.**

We also welcomed one new member Diana and one returning member Bria. They are learning fast and having fun dancing with us. Please feel warmly invited to join us any time. We are so lucky to not only celebrate this Norwegian heritage tradition in Ballard but to be able to showcase this heritage and our lodge to areas outside of Seattle.

In May we will be performing at a senior living community, **Fairwinds-Brittany Park** in **Woodinville** and enjoying our meet and greet of the residents. We are also preparing for our participation in the **Ballard Syttende Mai parade.** You can see us dancing down the street as well as at the **Lodge Open House.**

In June we are dancing in the **Poulsbo Midsommar** celebration. Later in June a new and exciting opportunity is to celebrate and dance **Midsommar** in our lodge's **Norway Park.** We will look forward to seeing you at these fun events celebrating our rich Norwegian heritage.

*Tusen Takk,  
Sheila Bartanen*





# Norsk Hilsen



På 17. mai feirer Oslo Grunnlovsdag, også kjent som Syttende Mai.

Dette er en nasjonal høytid til minne om undertegningen av Grunnloven i 1814. Oslos offisielle program inkluderer minnesamvær, salutt, konsert, og barneparaden. Barneparaden starter ved Akershus festning og avsluttes på Rådhusplassen.



Den norske kongefamilien vinker til folket på 17. mai fra balkongen på slottet i Oslo. prinsesse Ingrid-Alexandra, prins Sverre-Magnus, kronprins Haakon-Magnus, kronprinsesse Mette-Marit, dronning Sonja, kong Harald.

## Scandinavian Ornamental WOODCARVING with Mark Olsen at Leif Erikson Lodge

Learn traditional Scandinavian woodcarving techniques, tool sharpening, and design layout in this introductory course. Tool and wood selection will be covered. No experience is necessary, and wood material will be provided for the three projects. A basic set of woodcarving tools is available for those without their own set.

Call to enroll - 206 783-1274  
1 class \$70 - 3 classes \$150  
Wednesdays 9:30 am - 1:30 pm  
Drop-ins Welcome



Our 2025 Queen & Princess, that LEL Educational Foundation has selected.



Leif Erikson Lodge - Queen 2025, Kelli Wilson  
Photo submitted by Gail Engler



Leif Erikson Lodge - Princess 2025 Kjirsten Ludeman  
Photo submitted by Berit Smith



# Bibliotek



The librarians of LEL are currently busy cataloging our amazing collection of Norwegian books, both antique and contemporary, into a user-friendly on-line database for our members.

***Our goal is to have 500 books in our catalog by 17th of May!***

**Hurrah!**

You will eventually be able to access the database through the library web page on the lodge website. The library is open during Kaffestua hours, come visit us in the basement!



*An-Magrith Erlandsen and Diana Malone*  
LEL's co-librarians



## LEL BOARD 2025



**SONS of NORWAY**

11332 Trilogy Pkwy. NE  
Redmond, WA 98053

**Bill E. Nelson**  
*Financial Benefits Counselor*

ffihealth@gmail.com  
www.sonsofnorway.com

Phone 425-785-6433



**NEW APPLICATIONS**

4/9/25

- Auddumn Marie Glenn
- Michael Bernard Brinson
- Jaazlynn Ann Berns
- Makenzee Annrose Glenn
- Alena Moen Johnson

**REINSTATED**

- Susan Clare Forseth
- Donna J Korneliussen
- Paul H Korneliussen
- Jennifer Milhaud
- Wonder Moerkeseth

**HERITAGE MEMBERS**

- Ronald Kiesser
- Matilda Maas
- Donovan Maas

**TRANSFERRING**

- Sonja Adams
- Vanessa Leja

**OBITUARY**

- Ove Brekke



Gratulerer med dagen!



**May Birthday Greetings**

Happy Birthday to all our members with May Birthdays!

**Our Youngest Members are:**

- Sonja L., Calvin D., Guideon E., Magnus H-L., Avery K., SofieS., Lilah and Maverick W., Knight M., Maggie L., Evangeline R., Bastien W., Harper V.

**Our Members are:**

- Diana M., Ashley T., Michael C., Janice Q., Judy C., Larry J., Christine A., Marilyn O-H., Victoria H-S., Stephen M., Lorraine and Stephen B., Daniel N., Marit N., Laila S., Heidi S., Sola S., Natalie T., Lorie L., John L., James S., Beverly T.

**Our Senior Members are:**

- Per N., Julie F., Joan C., Terje L., Vidar W., Our most Senior Members are Harold N., Betty E., Elizabet N.

**Gratulerer !**

We're sorry we can't list all the Birthday celebrants as there is just not enough room in our newsletter!

**Gratulerer med dagen!**

**Join our Leadership team at the Lodge!**

We have made significant progress in assembling our Lief Erikson Lodge Board this year, but we still need to fill several important positions.

We seek a Cultural Director to help create relevant programming for our membership meetings in Autumn 2025.

If you are interested in developing fun youth activities, our Youth Director position is available. (Background check required)

We also need another Marshal to help with some practical aspects of membership meetings and protocols. Our counselor position is open to act as an advisor to the board. However, that position would require some experience with Lodge leadership, familiarity with bylaws, etc.

Please let our nominating committee know if you have any questions.....Previous board members can also offer some insights into the positions.

We appreciate your consideration, tusen takk!  
 Nominating Committee  
 Peter Nestingen (panestingen@hotmail.com)  
 Wendy Forselius  
 Kathleen Lange



**Norwegian Ladies Chorus of Seattle**



www.nlcofseattle.org  
**NEW SINGERS WELCOME**  
 Rehearsals: Tuesdays 7:15 - 8:45pm  
 At Lief Erikson Lodge, 2nd Floor  
 Joseph To, Director  
 Contact: norwegianladieschorus@gmail.com  
 Renewing and preserving our Norwegian Heritage  
 through song since 1936



TENOR / BASS  
 VOICES  
 JOIN THE LONGEST-  
 STANDING CHORUS  
 IN SEATTLE

REHEARSALS  
 MONDAYS AT 7PM

LEIF ERIKSON LODGE: 2245 NW 57TH ST.  
 SEATTLE, WA 98107 • WWW.SEATTELMANNSKOR.ORG

**MEASURING OUR  
 SUCCESS  
 BY YOUR SUCCESS.**



BALLARD 206.397.3110  
 2244 NW 56th St., Seattle, WA 98107





# SONS of NORWAY

LEIF ERIKSON LODGE 2-001  
2245 NW 57th Street Seattle, WA  
98107-3134

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U.S. Postage  
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Seattle, WA  
Permit #672

Please notify Wendy Forselius of any changes in Name, Address, or Phone Numbers. Please also let her know of a death of a family member LELmemberships@gmail.com

## Leif Erikson Lodge Calendar May & June 2025

- 02 May - Fri. Library (Bibliotek) Every Friday, 10 AM -12 pm
- 03 May - Sat. First Saturday Kaffestua, 10 AM-2 PM
- 03 May - Sat. Norway Park Work Party 9 AM - 4 PM
- 07 May - Wed. LEL Board Zoom Meeting 7 PM
- 10 May - Sat. First & Second Saturday Library (Bibliotek), 10-12 pm
- 10 May - Sat. Second Saturday Social (Happy Hour), 5-8 PM
- 13 May - Tue. LERA Board Meeting at 7 PM - Bekkestua
- 14 May - Wed. Membership Dinner Meeting, doors open at 5:30 PM
- 17 May - Sat. Syttende Mai at the Leif Erikson Lodge 11 AM - 3 PM
- 18 May - Sun. Sunday Kaffestua, 10 AM - 2 PM
- 21 June - Sat. Sankt Hans Aften at Norway Park
- 29 June - Sun. Norway Park Salmon Bake - Lake McMurray Fire Dept.

Ballard Health Club Silver Sneakers class meets at LEL Mon, Wed and Friday, 10:00 AM 11:00 AM. Contact Marianne for details. [marianne@ballardhealthclub.com](mailto:marianne@ballardhealthclub.com)

Exercise class lead by Audrey in main hall Wednesdays 11:15 AM - 12:00 PM. 1st class free, \$5.00 after that. LEL Zoom information: <https://us04web.zoom.us/j/9155821189> Meeting ID: 915 582 1189; Dial in by Phone: 1 (253) 2158782.

Please check the LEL website, e-news and Facebook for updates to the Lodge calendar and activities. [www.leiferiksonlodge.org](http://www.leiferiksonlodge.org)  
Facebook <https://www.facebook.com/groups/LeifEriksonLodge>

### NORWEGIAN CONSTITUTION DAY CELEBRATION 2025

One of the largest celebrations outside Norway.

**May 17, 2025**

**Bergen Place Musical Entertainment**  
11:00 AM - 3:30 PM "All Star" queue-up of Nordic talent.  
5450 22nd Avenue NW.

**17th of May Luncheon**  
11:00 AM - 1:30 PM  
National Nordic Museum's Osberg Great Hall.  
Luncheon tickets must be purchased in advance, available online at [17thofmay.org](http://17thofmay.org)

**Leif Erikson Lodge - Sons of Norway**  
Open House 11 AM - 3:00 PM - 2245 NW 57th Street.  
A variety of Nordic Foods, Ice Cold Canned Pop, Coffee, Entertainment.

**Skål Beer Hall**  
11:AM - 11:00 PM  
5429 Ballard Avenue, NW, Seattle

**Marshalls**  
**Grand Marshall:** Norwegian Ambassador - Anniken Huitfelt  
**Honorary Marshall:** Lori-Ann Reinhall

**17th of May Parade:** 4:00 PM - 6:00 PM. Parade starts at NW 62nd Street.

**CROSSINGS**  
NORWAY & NORTH AMERICA  
1825-2025  
[www.17thofmay.org](http://www.17thofmay.org)

